

THE

MOUNTAIN CALL

DISCIPLE MAKING MODEL

- MARK 3:13-15 -



GARDEN CITY
C H U R C H

THE



M O U N T A I N C A L L

DISCIPLE MAKING MODEL

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I N T R O D U C T I O N

We are honored and privileged to partner with you as you seek to answer the call of the Great Commandment (Mark 12:29-31) and the Great Commission (Matthew 28:18-20). We believe that as a follower of Jesus, you are God's special workmanship, created to do good works for His glory (Ephesians 2:10). To help equip you for those good works, our leadership team developed this resource packet containing the foundational tools and pillars of the Mountain Call disciple-making model.

The name, and the model itself, comes from Mark 3:13-15. In verse 13, Mark uses the Biblical significance of mountains to capture our attention and tells us that Jesus "went up on the mountain and called." It's as if he were saying, "pay close attention, something very significant is about to happen." Mark then gives six aspects of how Jesus called and trained his disciples, from which we get the six pillars:

Pillar 1: Know Christ

Pillar 2: Identity in Christ

Pillar 3: Obey Christ

Pillar 4: Be with Christ

Pillar 5: Go for Christ

Pillar 6: Authority in Christ

This guide will highlight the specific phrases in Mark 3:13-15 on which each pillar is based, along with instructions on how to use the tools from each pillar. Additionally, there are foundational tools that help you and others develop daily expressions of the Great Commandment and Great Commission.

Traditional discipleship and discipleship-models are generally geared toward a person's individual spiritual development and understanding of scripture. While those are good and necessary, the models often lack an emphasis on equipping people to make and multiply disciples themselves. This model is different. Its main purpose is to make and multiply disciples who are equipped to also make and multiply generations of disciples. It aims to reflect five main principles: biblical, practical, reproducible, simple, and outward-focused. For example, you will find that the instructions are very simple and at times repetitive. This is intentional. Generally, the more basic something is, the more easily it can multiply.

This guide is an instruction manual, so you will not get much from simply reading it. It is designed to teach you step-by-step how to use the tools. *Although it describes how to use them for yourself, it is extremely important to remember that the main purpose is to teach them to others, and have those people do the same.* As you learn the tools for your personal use, we recommend that you draw them out in a notebook from which you can teach them, and not teach from the packet. It will help people see this as a true disciple-making model that anyone can multiply, and not a set of pre-packaged activities. Since the model is made up of pillars and not steps, you do not need to go in order.

As you go through the tools and pillars, you will draw out a picture that represents the related passages, answer questions related to the passages, and in most cases, complete an exercise. One of the most important things you will regularly do is create "I will" statements. An "I will" statement is a commitment to action or obedience based on what the Lord has revealed to you through the passages, and is a way to engage with the word of God for transformation, not just information. The statements should be specific, measurable, and contain an action that can be initiated within 48 hours.

I N T R O D U C T I O N

Example: "I will _____ and will _____ in the next 48 hours."

It will help you, and those you disciple, to make sure there are always one or two people who are aware of these commitments and can help keep you, and them, accountable. Completing the "I will" commitments is essential to seeing fruit.

To help build community and accountability, begin meetings with the Kickoff. The Kickoff is a set of questions that create a time to catch up with people and find out how things have been, both personally and as it relates to their disciple-making efforts. The questions not only make accountability easy and relational, but they instill biblical habits and ways of thinking without using religious language, so they work well with unbelievers and new followers of Christ. There are five parts to the Kickoff, which can be remembered by the phrase, "UP, DOWN, AROUND, OUT, and IN".

- UP is the high point of a person's week. Ask, "What are you thankful for?"
- DOWN is the low point of their week. Ask, "What has been difficult or discouraging?" Follow up by asking, "What would help make things better?" You and/or the group may not be able to help in every way needed, but simply asking is a great way to show love and concern.
- AROUND has to do with the needs of people around those in the group. Ask, "What are some of the needs in your community?", and "How can I/we help?" This is a critical question because it serves as a reminder to love those outside of the group.
- OUT is about the outward interaction of sharing whatever was covered the last time you met. Ask, "Who did you share the passage with, or teach the tool to? How did it go?"
- IN helps to look inward and evaluate how each person did with completing their previous "I will" statement. Ask, "How did you do with your "I will" commitment?"

As you walk an individual through a tool or pillar, your interaction with them should be conversational. There is no need to get through it all in one sitting. Good disciple-making involves building genuine relationships. Before you end, encourage them to practice/teach the tool to someone they feel comfortable with, as soon as possible. This will increase their confidence and the likelihood that they will proactively use it when needs and opportunities arise.

Again, it is our great honor to equip you, and those you will disciple, to effectively respond to the Great Commandment and Great Commission. Our prayer is that you will bring God great glory by bearing much fruit (John 15:8).

Note: All scripture verses come from the English Standard Version of the Bible.



DAILY U.T.C. SCHEDULE

INTRODUCTION TO THE TOOL

In Mark 12:30, Jesus tells us that the most important commandment is to “love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.” One of the greatest ways to show someone you love them is to give them your undistracted time and attention. The Daily U.T.C. Schedule helps develop this daily expression of love, especially the aspect of loving God with all of your mind.

U.T.C. stands for Undistracted Time with Christ and it is most characterized by the phrase undistracted. It is designed to help you create and prioritize intentional, undistracted time with the Lord every day of the week. It might involve Bible reading, singing, listening for His voice in silence, or a number of other things, but it should always involve prayer.

The goal of the schedule is 60 total minutes per day. The basis for 60 minutes as a starting point is what Jesus says to Peter. In Matthew 26:40-41, He says, “So, could you not watch with me for one hour? Watch and pray that you may not enter into temptation.” It is the only statement we have from Jesus about how long we should spend time with Him. If you don’t have a solid one hour block to dedicate for this, create smaller blocks of time that equal one hour. For example, one 20-minute block in the morning, one in the afternoon, and one before dinner totals one hour. Four 15-minute blocks is another way to get in a full hour.

DRAW THE TOOL

Start by writing U.T.C. at the top of the notebook page. Draw two columns with seven boxes in each. Above the columns, write “Mark 12:30”, and beneath the columns write “Matthew 26:40-41” as a way to remember these two key passages. See the example for reference.

In the left column boxes, list the days of the week. In the right column boxes, schedule out a total of one hour per day to be with the Lord. Again, it could be one solid hour, four 15-minute windows, or anything in between. Each day might have a different schedule, but the total time should always be one hour.

USE THE TOOL

Refer to the tool to help implement your U.T.C. schedule. In the beginning, you might find that you need to make adjustments or that it’s challenging to develop consistency. That’s okay. Jesus values your willingness to prioritize undistracted time with Him. Offer this as a sacrifice of love, and He will faithfully respond.

UNDISTRACTED TIME WITH CHRIST (U.T.C.)

(EXAMPLE: 1 HOUR SCHEDULE)

MARK 12:30

SUNDAY	6:30AM - 7:00AM 8:30PM - 9:00PM
MONDAY	6:00AM - 6:20AM 12:40PM - 1:00PM 8:40PM - 9:00PM
TUESDAY	11:00AM - 12:00PM
WEDNESDAY	7:15AM - 7:30AM 10:45AM - 11:00AM 2:30PM - 2:45PM 7:00PM - 7:15PM
THURSDAY	6:00AM - 7:00AM
FRIDAY	6:30AM - 7:00AM 8:30PM - 9:00PM
SATURDAY	7:00AM - 7:20AM 3:00PM - 3:20PM 8:00PM - 8:20PM

MATTHEW 26:40 - 41

DAILY PRAYER CALENDAR

INTRODUCTION TO THE TOOL

The Daily Prayer Calendar is a tool that helps develop a daily response to the call in Matthew 28:18-20 to make disciples by praying for those who are not yet followers of Jesus, and mobilizing prayer among those who are. By praying for the specific needs of those who are not yet saved, you introduce them to the love and power of Jesus in a non-threatening way. By praying for those who are saved, you help to lovingly bear their burdens and build prayer partners who can pray for your needs and Kingdom efforts.

Note: Having daily U.T.C. creates a space for you to pray for those on your Daily Prayer Calendar, and makes using the calendar even easier.

DRAW THE TOOL

At the top of your page, write "Daily Prayer Calendar." Divide the page into two columns with a line down the center. At the top of the left column write "Not yet saved", and next to it write "Matthew 28:18-20 as a reminder that this is a simple and effective way to introduce them to Jesus.

Above the right column, write "Saved" and next to it write "Colossians 4:2-4." In this passage, the apostle Paul asked the saints to pray for the spread of the Gospel, even though he was suffering in jail. As you reach out to the people in your saved column, many may respond by asking how they can pray for you in return. Writing the passage at the top of the column will help you remember Paul's example, and encourage you to ask them to pray for the unsaved people and Kingdom issues on your heart.

Number 1-30 down each column, or if using lined paper, just the left side of the page. This creates a slot for each day of the month on which you can pray for one saved and one unsaved person. For example, on the first of the month, focus on the two people in row one. On the second of each month, focus on the two people in row two. See the example for reference.

Before you fill in the slots, ask the Lord to bring people to mind for the list. Then, fill as many slots as possible, trusting the Lord to lead the order in which you write them. If you are unsure of a person's salvation, put their name in the "Not yet saved" column until you become confident that they are born again. If you have blank lines, ask God to reveal more people or look through the contact lists in your phone, social media, etc. If you fall short of 30 names in the "not yet saved" list, see that as an invitation to be more intentional about developing relationships with unbelievers.

DAILY PRAYER CALENDAR

USE THE TOOL

To use the calendar, reach out to the people listed in each column for that particular day of the month to let them know you are praying for them. Ask if there is anything specific you can pray for/about. A phone call or text is good, but in-person is best. Even a basic text can be very effective. For example: "You are on my prayer list today/ tomorrow. Is there anything specific I can pray about for you?"

HELPFUL TIPS

- Reach out the day before. It gives the person time to think and respond.
- Respond to their request with a short prayer. Even a voice memo or text can be very powerful, showing that you really are praying for them.
- Ask the Lord for a specific scripture, story, or word of encouragement for them, and share it.
- Ask the Lord how you can help with any needs they express.
- With those who are not saved, you may get a wide range of responses from actual prayer requests, to confusion, to no response at all. Do not take any of them personal.

DAILY PRAYER CALENDAR

NOT SAVED - MATTHEW 28:18-20

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.
- 21.
- 22.
- 23.
- 24.
- 25.
- 26.
- 27.
- 28.
- 29.
- 30.

SAVED - COLOSSIANS 4:2-4

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
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- 16.
- 17.
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- 21.
- 22.
- 23.
- 24.
- 25.
- 26.
- 27.
- 28.
- 29.
- 30.

DISCOVERY BIBLE STUDY

INTRODUCTION TO THE TOOL

Around the world, millions of people are coming to Christ and forming movements of disciples making disciples. At the heart of it all is the Discovery Bible Study. The Discovery Bible Study (D.B.S.) is an action-based, question-driven format that helps groups build community, impact those around them, and encounter God through reading and obeying His word.

In John 6:45, Jesus says, “Everyone who has heard and learned from the Father comes to me.” The truth of that verse is the core of what D.B.S. is all about. It is one of the most effective tools in helping unbelievers come together to read God’s word, discover what God is saying directly to them, apply and share what they learn, and begin other groups themselves.

The process is simple:

1. Engage with the lost and identify those who don’t know God, but want to learn more about Him.
2. Meet with them on their own territory and terms.
3. Facilitate an environment where they can read and freely discuss God’s word.
4. Establish a culture of discovery through questions, obedience through action, and multiplication through sharing.

USE THE TOOL

The 4-by-4 outline provides questions and instructions to facilitate a Discovery Group. The Creation-to-Christ scripture list guides you through the journey of discovery. See the guides for reference.

DISCOVERY BIBLE STUDY

The Discovery Bible Study is an action-based, question-driven format that helps groups build community, impact those around them, and encounter God through reading and obeying His word. The 4-by-4 outline and Creation-to-Christ scripture list will help guide you on the journey of discovery.

I. Share (Community & Serving)

1. What are you thankful for?
2. What has been difficult or discouraging?
3. What are some of the needs around you?
4. How can we help with these things?

II. Review (Accountability)

1. What did we read and talk about last time?
2. Whom did you share with & how did it go?
3. How did you do with your "I will" commitment?
4. How did you help with the needs?

III. Read & Retell (Understanding)

1. Have the passage/story read twice.
2. Have one or two people retell it.
3. Ask the group if anything was missed or added.
4. Review the passage, if necessary.

IV. Discover (Transformation)

1. What does this teach us about God?
2. What does this teach us about ourselves/humans?
3. In response to all this, what will you do or change?*
4. With whom will you share what you learned?

*Create an "I will" statement. "I will" statements should include a measurable action and an initial step you can take within 48 hours.

Example: "I will _____ and will _____ within 48 hours."

D I S C O V E R Y B I B L E S T U D Y

Creation to Christ Scripture List:

1. Genesis 1:1-2:3
2. Genesis 2:4-24
3. Genesis 3:1-13
4. Genesis 3:14-24
5. Genesis 6:5-7:24
6. Genesis 8:1-9:17
7. Genesis 12:1-8, 15:1-6, 17:1-7
8. Genesis 22:1-19
9. Exodus 12:1-28
10. Exodus 20:1-21
11. Leviticus 4:1-35
12. Isaiah 53
13. Luke 1:26-38; 2:1-20
14. Matt 3; John 1:29-34
15. Matthew 4:1-11
16. John 3:1-21
17. John 4:1-26; 39-42
18. Luke 5:17-26
19. Mark 4:35-41
20. Mark 5:1-20
21. John 11:1-44
22. Matthew 26:26-30
23. John 18:1-19:16
24. Luke 23:32-56
25. Luke 24:1-35
26. Luke 24:36-53
27. John 3:1-21

P I L L A R 1 : K N O W C H R I S T

"And he went up on the mountain and called to him those whom he desired, and they came to him. And he appointed twelve (whom he also named apostles) so that they might be with him and he might send them out to preach and have authority to cast out demons." -Mark 3:13-15

INTRODUCTION TO THE TOOL

Our first pillar comes from the phrase "called to him." It shows the priority Jesus has for us to know Him before we do anything else. The purpose of this pillar is to grow in our understanding of who Jesus is so we can know and love Him more. The title of the pillar is "Know Christ," and we use Matthew 16:13-18 as the reference passage. In this passage, there is a conversation between Jesus and His disciples that highlights four important titles about Jesus.

DRAW THE TOOL

Write the title and reference passage at the top of your notebook page. Next, draw a cross in the center of the page. Leave room to draw above, below, and on each side of the cross. See the example for reference.

USE THE TOOL

SON OF MAN

The first title we see is in verse 13. Jesus refers to Himself as the Son of Man.

"Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, 'Who do people say that the Son of Man is?'"

Draw a stickman on the left side of the cross to symbolize the Son of Man, and write "Son of Man" underneath it.

In the Bible, "son of man" is a common phrase that generally means one who is born from another human (the son of a man), but here Jesus is referring to Himself as the person in Daniel 7:13-14 who looks like a human but is given authority over all of God's Kingdom.

Write "Daniel 7:13-14" underneath the Son of Man. Read the passage out loud, twice.

Reflection

What does this passage teach us about Jesus? Take time to reflect and write down your answers. It is important to write it down. Review the passage, if needed.

P I L L A R 1 : K N O W C H R I S T

THE CHRIST

The second title we see is in verse 16. Simon Peter calls Jesus, The Christ.

"Simon Peter replied, "You are the Christ, the Son of the living God."

Some translations use the phrase, "Messiah." Both words mean to be anointed or empowered by God. Draw a crown as a symbol of power above the cross to symbolize The Christ, and write "The Christ" underneath it.

In Luke 4:16-21, Jesus teaches about the things He was empowered to do.

Write "Luke 4:16-21" underneath The Christ. Read the passage out loud, twice.

Reflection

What does this passage teach us about Jesus? Take time to reflect and write down your answers. Review the passage, if needed.

SON OF THE LIVING GOD

The next title we see is also in verse 16. Simon Peter refers to Jesus as the Son of the living God.

"Simon Peter replied, "You are the Christ, the Son of the living God."

John 5:20 says that God loves the Son, so draw a picture of a heart on the right side of the cross to symbolize the Son of the living God. Then write "Son of the living God" underneath it.

In the Bible, "son" is a common phrase that shows the relationship between a parent and child, or that an individual has very similar qualities to another person. Jesus uses the term to show that He is God's son and that He is equal with Him. We see this clearly in John 5:14-23.

Write "John 5:14-23" underneath Son of the living God. Read the passage out loud, twice.

Reflection

What does this passage teach us about Jesus? Take time to reflect and write down your answers. Review the passage, if needed.

P I L L A R 1 : K N O W C H R I S T

HEAD OF THE CHURCH

The last title we see is in verse 18, but it is indirect. It comes from the phrase, "I will build my church."

"And I tell you, you are Peter, and on this rock I will build my church, and the gates of hell shall not prevail against it."

By calling the church His church, Jesus is saying that He is the head of it. So, the title we will use is "Head of the Church." Draw a circle below the cross to symbolize a head, and write "Head of the Church" underneath it.

In Colossians 1:15-18, we see the title Head of the Church along with a detailed description of who Jesus is.

Write "Colossians 1:15-18" underneath the Head of the Church and read the passage out loud, twice.

Reflection

What does this passage teach us about Jesus? Take time to reflect and write down your answers. Review the passage, if needed.

Application

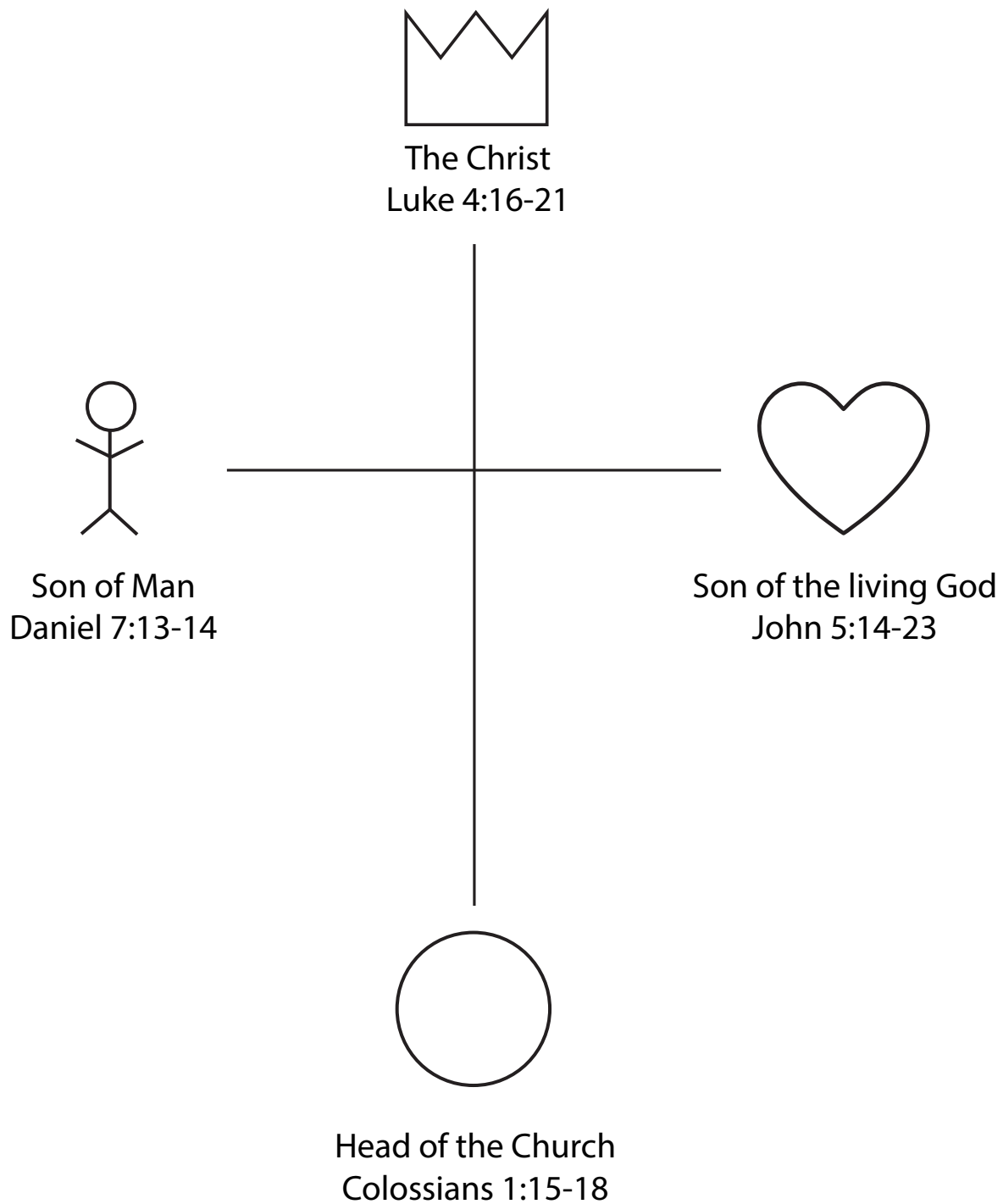
Based on what you learned about Jesus from the passages in John and Colossians, what do you think God wants you to do or change? How can you take an initial step forward in the next 48 hours? Write down your answer as an "I will" statement.*

Example: I will _____ and will _____ in the next 48 hours.

**Make sure to share your "I will" statements with an accountability partner, pray for grace and wisdom to fulfill the commitment.*

P I L L A R 1 : K N O W C H R I S T

(M A T T H E W 16:13-18)



P I L L A R 2 : I D E N T I T Y I N C H R I S T

“And he went up on the mountain and called to him those whom he desired, and they came to him. And he appointed twelve (whom he also named apostles) so that they might be with him and he might send them out to preach and have authority to cast out demons.” -Mark 3:13-15

INTRODUCTION TO THE TOOL

The second pillar comes from the phrase “those whom he desired.” It shows us that Jesus calls us because He desires us. It speaks to how we ought to see ourselves—as someone who is loved and desired by Jesus. The purpose of the pillar is to help us understand our identity in Christ. The title of this pillar is “Identity in Christ,” and we use Ephesians 1:1-14 as the reference passage. Read it out loud, twice.

In this passage, we find a beautiful description of the many spiritual blessings God has given us in Christ. In it, there are no less than twelve elements of our identity. The tool teaches you how to outline and display the twelve elements in a way that helps you understand, remember, and share them with others.

DRAW THE TOOL

Write the title and reference passage at the top of your notebook page. Next, draw a large heart below the passage, leaving plenty of space to write inside. See the example for reference.

USE THE TOOL

1. SAINT/HOLY

The first element comes from the phrase “*To the saints who are in Ephesus*” in verse 1. It says you are a saint.

Write “Saint” at the top of the left side of the heart. Label it #1 and underline it. Verse 4 says you are holy which means the same as a saint. Write “Holy” next to Saint.

Both words mean to be set apart by God. Underneath Saint/Holy, write “Set apart” as the definition.

2. BLESSED

The second element comes from the phrase “*blessed us in Christ*” in verse 3. It says you are blessed.

Write “Blessed” as the second element under Saint/Holy. Label it #2 and underline it.

To be blessed means that you have God’s favor on you. Underneath Blessed, write “God’s favor” as the definition.

P I L L A R 2 : I D E N T I T Y I N C H R I S T

3. CHOSEN

The third element comes from the phrase "*he chose us in him*" in verse 4. It says that you are chosen.

Write "Chosen" as the third element under Blessed. Label it #3 and underline it.

Another word for chosen is selected. God selected you because of His love for you. Underneath Chosen, write "Lovingly selected" as the definition.

Reflection: Take time to think about these three elements of your identity in Christ. Which one is most meaningful to you and why? Write down your answer in your notebook. It is important to write it down.

4. BLAMELESS

The fourth element comes from the phrase "*blameless before him*" in verse 4. It shows that you are blameless.

Write "Blameless" as the fourth element under Chosen. Label it #4 and underline it.

To be blameless means you have been cleansed of all your sins. Underneath Blameless, write "Clean" as the definition.

5. LOVED

The fifth element of our identity comes from the phrase "*In love*" in verse 4. It shows that you are loved by God.

Write "Loved" as the fifth element under Blameless. Label it #5 and underline it.

To be loved by God means that His affection rests on you. Underneath Loved, write "God's affection" as the definition.

6. PREDESTINED

The sixth element comes from the phrase "*He predestined us*" in verse 5. It says that you were predestined by God.

Write "Predestined" as the sixth element under Loved. Label it #6 and underline it.

The word predestined means that God had a purpose planned for your life before He created the world. Underneath Predestined, write "Life has purpose" as the definition.

P I L L A R 2 : I D E N T I T Y I N C H R I S T

Reflection: Reflect on elements 4-6. Which one is most meaningful to you and why? Write down your answer.

Application

Based on everything you've read, especially the two elements that were most meaningful to you, what do you think God wants you to do or change? How can you take an initial step forward in the next 48 hours? Write down your answer as an "I will" statement.*

Example: I will _____ and will _____ in the next 48 hours.

7. ADOPTED

The seventh element of our identity comes from the phrase "*adoption to Himself as sons*" in verse 5. It tells us that you have been adopted.

Write "Adopted" in the top right side of the heart as the seventh element. Label it #7, and underline it.

To be adopted means that God loved you so much that he brought you into His family and made you His child. Underneath Adopted, write "Beloved child" as the definition.

8. REDEEMED

The eighth element comes from the phrase "*we have redemption through His blood*" in verse 7. It shows that you have been redeemed.

Write "Redeemed" as the eighth element under Adopted. Label it #8, and underline it.

To redeem something means to purchase it. Jesus purchased you for Himself with His own blood, which means we have great worth. Underneath Redeemed, write "Great Worth" as the definition.

9. FORGIVEN

The ninth element comes from the phrase "*the forgiveness of our trespasses*" in verse 7. It shows that you have been forgiven.

Write "Forgiven" as the ninth element under Redeemed. Label it #9, and underline it.

To be forgiven means that there is no more penalty for your previous sins. Underneath Forgiven, write "No penalty" as the definition.

Reflection: Reflect on elements 7-9. Which one is most meaningful to you and why? Write down your answer.

P I L L A R 2 : I D E N T I T Y I N C H R I S T

10. HEIR

The tenth element comes from the phrase *"we have obtained an inheritance"* in verse 11. It says that you have received an inheritance. Someone who has received an inheritance is called an heir, so we will use that to describe this element.

Write "Heir" as the tenth element underneath Forgiven. Label it #10, and underline it.

An inheritance is something you get when someone dies. That someone was Jesus! Through Him, you have an inheritance of good things that will last forever! Underneath Heir, write "Inheritance" as the definition.

11. SAVED

The eleventh element comes from the phrase *"gospel of your salvation"* in verse 13. It says that through the gospel you have been saved.

Write "Saved" as the eleventh element underneath Heir. Label it #11, and underline it.

To be saved is to be rescued from sin, death, and hell. Underneath Saved, write "Rescued" as the definition.

12. SEALED

The final element comes from the phrase *"sealed with the promised Holy Spirit"* in verse 13. It says that you have been sealed with the Holy Spirit.

Write "Sealed" as the twelfth element underneath Saved. Label it #12, and underline it.

Verse 14 tells us that the Holy Spirit is the seal, or mark, that you belong to God and that He will fulfill His promises to you. Underneath Sealed, write "Marked by God" as the definition.

Reflection: Reflect on elements 10-12. Which one is most meaningful to you and why? Write down your answer.

Application

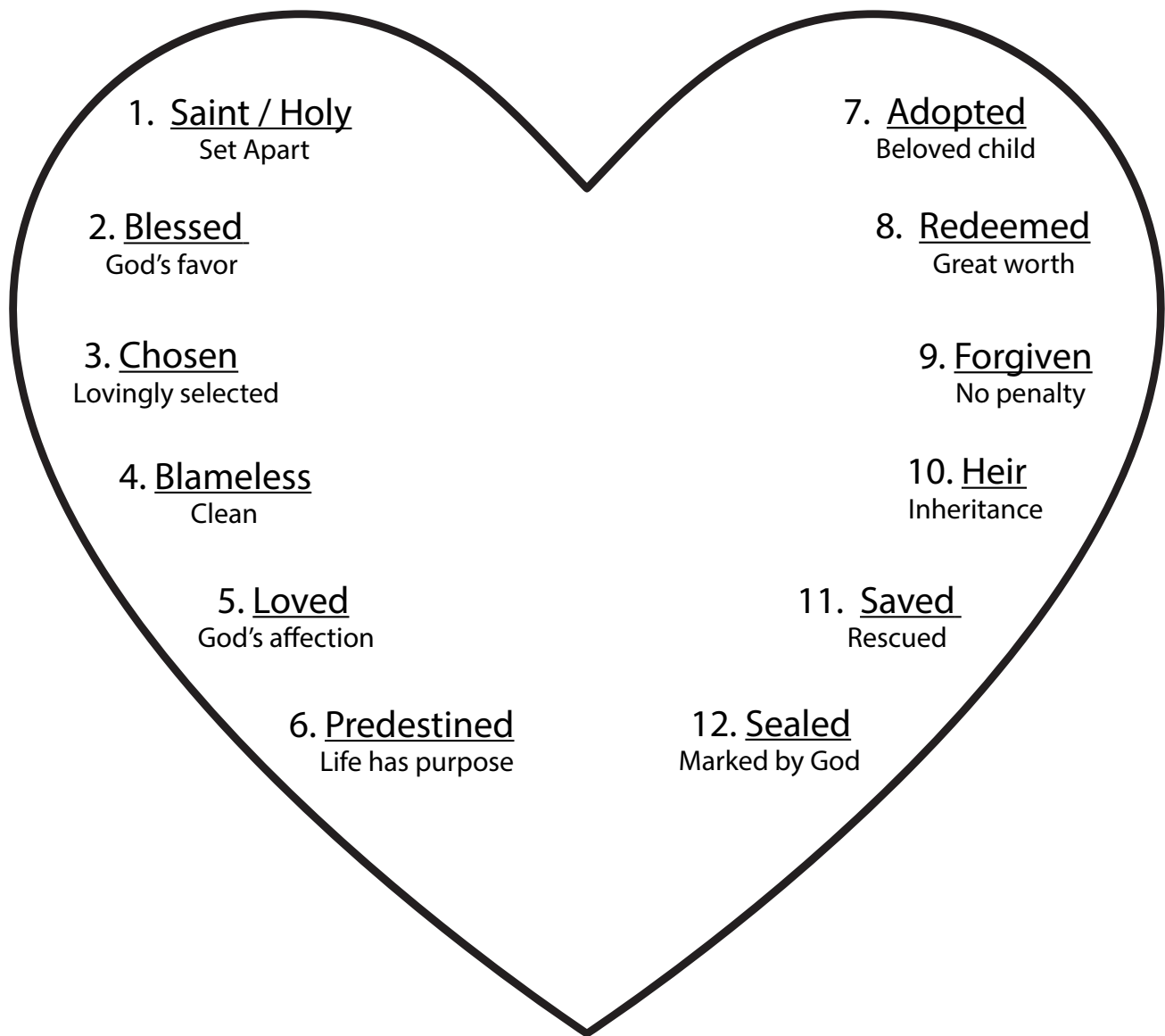
Based on everything you've read, especially the last two elements that were most meaningful to you, how do you think God wants you to respond or change? How can you take an initial step forward in the next 48 hours? Write down your answer as an "I will" statement.*

Example: I will _____ and will _____ in the next 48 hours.

**Make sure to share your "I will" statements with an accountability partner, pray for grace and wisdom to fulfill the commitments, and ask the Lord which commitment He wants you to work on first.*

P I L L A R 2 : I D E N T I T Y I N C H R I S T

(EPHESIANS 1:1-14)



P I L L A R 3 : O B E Y C H R I S T

"And he went up on the mountain and called to him those whom he desired, and they came to him. And he appointed twelve (whom he also named apostles) so that they might be with him and he might send them out to preach and have authority to cast out demons." -Mark 3:13-15

INTRODUCTION TO THE TOOL

The third pillar comes from the phrase "they came to him." In it, we see the obedience of those who responded to Jesus when He called. The purpose of the pillar is to grow in our obedience to Him. The title of the pillar is "Obey Christ" and includes three reference passages: John 14:21-24, Mark 12:28-31, and Luke 10:29-37.

Note: This pillar is divided into three sections—Obedience and Love, Love God, and Love People. As a result, there will be three "I will" statements. It is best to go through the pillar in no less than two meetings, which will give more time to process the lesson and complete the "I will" statements.

DRAW THE TOOL

Turn your page/notebook horizontally. Write the title and three reference passages at the top of your notebook page. Next, draw a large box on the left side of the paper and separate it into quadrants. Leave space to draw a second box and a heart later in the process. See the example for reference.

USE THE TOOL

OBEDIENCE AND LOVE

Begin with reflections.

Reflection: The topic of obedience is very delicate. What comes to mind when you hear the words obey or obedience? What has most impacted how you think about the topic? Take a couple minutes to reflect and write down your answers, then share.

In John 14:21-24, Jesus teaches us how love and obedience are directly tied to one another, and how they lead to a closer relationship with God. Read the passage out loud, twice.

What does this passage teach you about the connection between love and obedience? Take a couple minutes to reflect and write down your answers, then share.

Since obedience is an important part of our relationship with God, we must know what commandment is most important to obey. In Mark 12:28-31, a religious leader asks Jesus that question. Jesus responds by giving him two and says there is no commandment greater than these. Read Mark 12:28-31 out loud, twice.

P I L L A R 3 : O B E Y C H R I S T

LOVE GOD

Jesus said obeying the greatest commandment starts with loving God with our whole self, and names four key elements:

HEART

First, Jesus says you should love God with all of your heart.

Draw a heart in the upper left quadrant to represent your heart, and write "Heart" underneath it.

SOUL

Next, Jesus calls you to love God with all your soul.

Draw a stick figure in the upper right quadrant to represent your soul, and write "Soul" underneath it.

W.A.D.E.

In the Bible, "heart" and "soul" are both words used to communicate the core of who we are. Four major aspects of that are our WILL, our AFFECTIONS, our DESIRES, and our EMOTIONS. The acronym W.A.D.E. helps to remember these four things.

Write "W.A.D.E." above the box as a part of the heart and soul, and put an asterisk (*) in front of the acronym.

Write the meaning "Will, Affirmations, Desires, and Emotions" underneath the box. Put an asterisk (*) in front of each word to connect it with the acronym.

Our will is the part of us that decides what we will or will not do.

Our affections are our likes and dislikes.

Our desires are what we want.

Our emotions are how we feel.

APPLICATION

Which of these (will, affections, desires, or emotions) do you think God might be highlighting as an area where He wants greater obedience to Him? How can you take an initial step forward in the next 48 hours? Take some time to reflect and write down your answer as an "I will" statement.*

Example: I will _____ and will _____ in the next 48 hours.

P I L L A R 3 : O B E Y C H R I S T

MIND

Next, Jesus says to love God with all of your mind. Draw a thought bubble in the lower left quadrant to represent your mind, and write "Mind" underneath it.

Reflection: Your mind controls your thoughts. What do you think it looks like to love God with all of your mind? Write down your answer.

STRENGTH

Lastly, Jesus says you should love God with all of your strength. Your strength is your energy and abilities, so we will use a lightning bolt to represent strength. Draw a lightning bolt in the lower right quadrant to represent your strength, and write "Strength" underneath it.

Reflection: What do you think it looks like to love God with all of your strength? Write down your answers, then share.

APPLICATION

Which of these (mind or strength) do you think God might be highlighting as an area where He wants greater obedience to Him? How can you take an initial step forward in the next 48 hours? Take some time to reflect and write down your answer as an "I will" statement.*

Example: I will _____ and will _____ in the next 48 hours.

(It is best to cover the next session in a separate meeting. See note in the intro above.)

LOVE YOUR NEIGHBORS

Jesus says the second aspect of the most important commandment is to love your neighbor as you love yourself. In Luke 10:29-37, a religious leader questions what that actually means, so Jesus tells a story to explain it. Read the passage out loud, twice.

Jesus said that the Samaritan in the story is the one that demonstrates what it means to love your neighbor as yourself, and says that we should do likewise. There are three principles in this story that can help us to reflect on what that would look like for us.

Draw a plus sign next to your box, then draw a new box next to it. Separate the box into three equal columns.

TIME

In the story, the first principle we see is the principle of time. Draw a clock in the first column and write "Time" above it.

The Samaritan stopped his journey to take care of the man and get him to safety. That cost time. It is also going to cost you time to truly love your neighbor as you love yourself.

P I L L A R 3 : O B E Y C H R I S T

Reflection: What do you think it means to love your neighbor with your time? Take time to reflect and write down your answer.

TALENTS AND ABILITIES

The second principle we see is related to talents and abilities. In the second column, write, "T & A" and "Talents & Abilities" above it.

The Samaritan did what he could to take care of the man on the spot and later again at the inn. He used his talents and abilities to help him. You will also have to use your talents and abilities to truly love your neighbors as you love yourself.

Reflection: What do you think it means to love your neighbor with your talents and abilities? Take time to reflect and write down your answer.

TREASURE

The third principle we see is the principle of money. In the third column, draw a dollar sign, and write, "Treasure" above it.

The Samaritan used his own supplies and money to make sure the man was taken care of. It is also going to take the use of your money/treasure to truly love your neighbors as you love yourself.

Reflection: What do you think it means to love your neighbor with your treasure/money? Take time to reflect and write down your answer.

APPLICATION

Which of these three principles (time, talents and abilities, or treasure) do you think God might be highlighting as an area where He wants greater obedience to Him? How can you take an initial step forward in the next 48 hours? Take time to reflect and write down your answer as an "I will" statement.*

Example: I will _____ and will _____ in the next 48 hours.

GOD AND PEOPLE

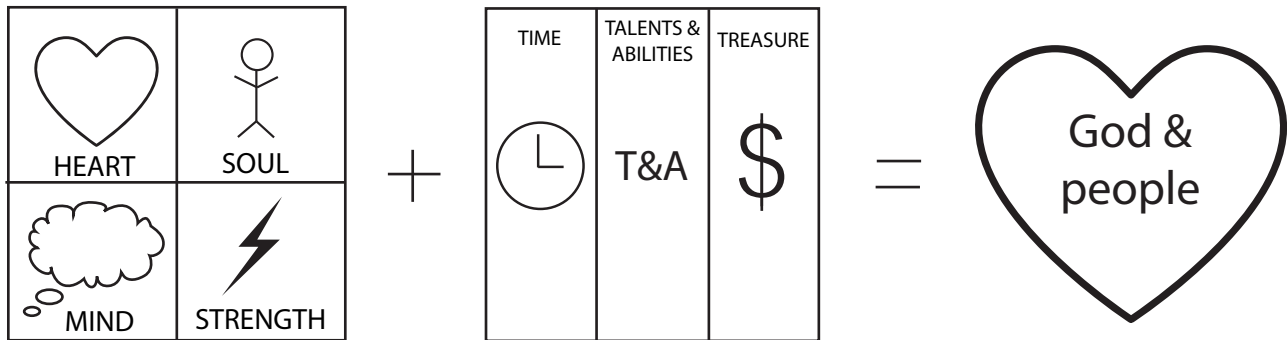
We see from the passages we read that this is what it looks like to love God and love people. Draw an equal sign and a heart next to the box with three columns. In the heart, write, "God & People".

**Make sure to share your "I will" statements with an accountability partner, pray for grace and wisdom to fulfill the commitments, and ask the Lord which commitment He wants you to work on first.*

P I L L A R 3 : O B E Y C H R I S T

(J O H N 14:21-24 & M A R K 12:28-31 & L U K E 10:29-37)

*W.A.D.E.



*Will, Affections, Desires, and Emotions.

P I L L A R 4 : B E W I T H C H R I S T

"And he went up on the mountain and called to him those whom he desired, and they came to him. And he appointed twelve (whom he also named apostles) so that they might be with him and he might send them out to preach and have authority to cast out demons." -Mark 3:13-15

INTRODUCTION TO THE TOOL

The fourth pillar comes from the phrase "be with Him." From it, we see that Jesus desires to spend time with us. While there are many ways to do that, one of the best is prayer. The purpose of this pillar is to help us grow in our ability to be with Him in prayer. The title of the pillar is "Be with Christ" and we use Matthew 6:9-13 as the reference passage. Read it out loud, twice.

In this passage, Jesus gives an outline of how to pray and engage with the Father. The outline can be broken down into five main points—Praise, Lordship, Ask, Forgive, and Stop. The tool is called "The Handy Prayer Model" because it's a handy way to remember the outline and it can be represented by using your hand.

DRAW THE TOOL

Write the title and reference passage at the top of your notebook page. Next, have a partner trace your hand below the passage. It is important to trace the right hand, no matter which is your dominant hand. Open your fingers wide enough to write in the space between them. See the example for reference.

You will notice there is a space between each finger and on both sides of the hand. This reminds us to leave space to hear from the Lord between each prayer-point. Use the first space for silence to still your mind before prayer, and the other spaces to listen for God to respond to your prayers.

Write "Silence" vertically along the outside of the thumb. Write "Listen" vertically in between each finger and on the outside of the pinky finger.

USE THE TOOL **SILENCE**

Take 1 minute to silence your mind before you pray.

PRAYER POINT #1: "PRAISE"

The first prayer point comes from verse 9, "Our Father in heaven, hallowed be your name." Jesus teaches us to start by honoring the Father, making the first point "praise." We represent this by putting up our thumb. It's like giving God a thumbs-up. Put your right thumb up and say, "Thumbs-up, God! I praise you!"

Write "PRAISE" vertically inside the thumb of your drawing.

P I L L A R 4 : B E W I T H C H R I S T

For this point, give praise for two main things:

1. Who God is
2. What God has done

Write "Who God is" and "What God has done" above the thumb to help remember.

Reflection

Answer the following questions:

- What is one aspect of God's character for which you can praise Him?
- What is one thing God has recently done for which you can praise Him?

Take a few minutes to reflect and write down your answers.

Prayer

Take a few minutes to pray about the things you wrote down.

Listen

Take a few minutes to listen for the Lord to respond, and record anything you think might be from Him.

PRAYER POINT #2: "LORDSHIP"

The second prayer point comes from verse 10, *"Your kingdom come, your will be done, on earth as it is in heaven."* Jesus teaches us to pray for God's kingdom and will to increase on the earth. Represent this by putting up your first two fingers (thumb and index) on your right hand. Notice it projects the letter L. This stands for "Lordship." Lordship is a word that means someone has the authority of a ruler, king, or lord. While holding up your fingers say, "Jesus, you are my Lord."

Write "LORDSHIP" vertically inside the index finger of your drawing.

For this point, pray two main things:

1. God's kingdom and will to be established
2. To submit your will to Him

Write "God's kingdom and will" and "Not my will" above the index finger to remember.

Reflection and Prayer

Answer the following questions:

- What is one aspect of God's kingdom or will that you can pray to see expand in your family, workplace, community, or nation?
- Is there anything you believe God is asking you to start, stop, or continue doing? If you are unsure, ask Him and submit your will to Him in that area.

Take a few minutes to reflect and write down your answers.

Take a few minutes to pray about the things you wrote down.

P I L L A R 4 : B E W I T H C H R I S T

PRAYER POINT #3: "ASK"

The third prayer point comes from verse 11, *"Give us this day our daily bread."* Jesus teaches us to ask for needs. Notice that He says we should ask for "our" daily bread, not "my" daily bread. This means we should pray for other people's needs in addition to our own needs. Since it is the third point, represent it with your first three fingers (thumb, index, and center finger.) There are also three letters in the word "ask." Think of each finger as representing one of those letters. Hold up your fingers and say, "Ask."

Write "ASK" vertically inside the center finger of your drawing.

For this point, pray for two main things:

1. The needs of others
2. Your own needs

Write "Needs of others" and "My own needs" above the center finger to help remember.

Reflection

Answer the following questions:

- What are some needs of the people around you – your friends, neighbors, co-workers, etc.? This is a good time to also pray for the people on your prayer calendar.
- What needs are in your personal life or family?

Take a few minutes to reflect and write down your answers.

Prayer

Take a few minutes to pray about the things you wrote down.

Listen

Take a few minutes to listen for the Lord to respond, and record anything you think might be from Him.

PRAYER POINT #4: "FORGIVE"

The fourth prayer point comes from verse 12, *"forgive us our debts, as we also have forgiven our debtors."* Jesus teaches us to focus on forgiveness. We represent it with our first four fingers. Notice the correlation between four fingers and for-give. Hold up your first four fingers and say, "Forgive."

Write "FORGIVE" vertically inside the fourth finger of your drawing.

Again, Jesus uses the word "us" (ourselves and others) when He says for whom we should pray. He also says His forgiveness toward us is connected to how we forgive others.

For this point, pray for three main things:

1. Forgiveness for your own sins
2. Forgiveness/salvation of others
3. Forgiveness for anyone you need to forgive

P I L L A R 4 : B E W I T H C H R I S T

Reflection and Prayer

Answer the following questions:

- Is there anything you need to ask God to forgive you for?
- Who do you know that is not following Jesus (including the people on your prayer calendar for that day)?
- Is there anyone you need to forgive?

Take a few minutes to reflect and write down your answers.

Take a few minutes to pray about the things you wrote down.

Take a few minutes to listen for the Lord to respond, and record anything you think might be from Him.

PRAYER POINT #5: "STOP"

The fifth prayer point comes from verse 13, *"lead us not into temptation, but deliver us from evil."*

In this last point, Jesus teaches us to ask for help in the area of temptation and for protection against the evil one. We call this last point "Stop" since we are asking God to stop us from giving into temptation and to stop the evil one. Extend your arm, make the stop gesture with your hand, and say, "stop."

Write "Stop" vertically inside the pinky finger of your drawing.

For this point, pray two main things:

1. For God to keep you from temptation
2. For God to stop the enemy's plans

Write "Keep temptation away" and "Stop the enemy" above the pinky finger.

Reflection and Prayer

Answer the following questions:

- What situations in your life are areas of temptation?
- Are there any areas where you feel like the evil one might be attacking?

Take a few minutes to reflect and write down your answers.

Take a few minutes to pray about the things you wrote down.

Take a few minutes to listen for the Lord to respond, and record anything you think might be from Him.

Application

Review everything you wrote as you listened for the Lord's responses.

Ask the Lord to highlight one thing you can take action on in the next 48 hours.

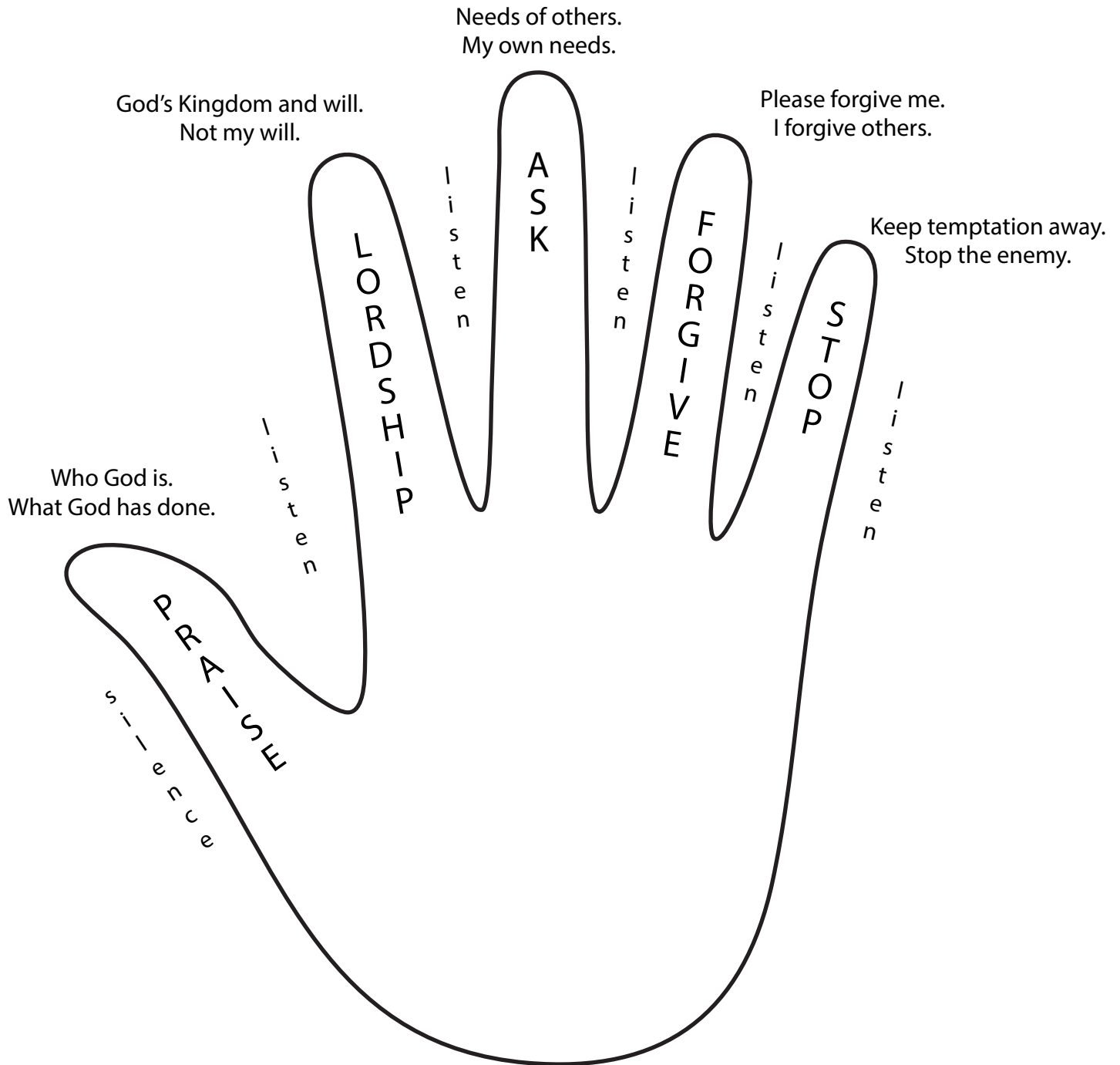
Write it out as an "I will" statement.*

Example: I will _____ and will _____ in the next 48 hours.

**Make sure to share your "I will" statement with an accountability partner, and pray for grace and wisdom to fulfill the commitment.*

P I L L A R 4 : B E W I T H C H R I S T

(M A T T H E W 6 : 9 - 1 3)



P I L L A R 5 : G O F O R C H R I S T

"And he went up on the mountain and called to him those whom he desired, and they came to him. And he appointed twelve (whom he also named apostles) so that they might be with him and he might send them out to preach and have authority to cast out demons." -Mark 3:13-15

INTRODUCTION TO THE TOOL

The fifth pillar comes from the phrase "send them out to preach." Jesus calls us to be those who go out and expand His kingdom by sharing the good news of it with those near and far. The purpose of this pillar is to help us to grow in our ability to effectively share the gospel, assess responses, and lead people on the journey toward Christ and baptism. We call this pillar "Go for Christ" and we use Matthew 28:16-20 as the reference passage. Read it out loud, twice.

In this passage, Jesus gives His final words before He returns to heaven. His instructions are for His disciples to go make and multiply other disciples who will obey all that He has taught them. As He sends them off, He does so with the promise that He would be with them, and ultimately with us, until the end of the age.

DRAW THE TOOL

The primary tool for this pillar is The 3 Circles. This tool is a simple and effective way to communicate many of the key points of the gospel, and invite someone to respond. Included are a completed version of the drawing and a step-by-step outline of how to walk someone through The 3 Circles as you draw it out. See the examples for reference.

USE THE TOOL

The 3 Circles is a great way to share the Gospel with individuals whom you do not have the opportunity to develop a relationship with. Often, the hardest part of sharing the Gospel with someone is simply getting into the conversation.

One of the most effective ways to transition into drawing The 3 Circles for someone is to ask the question, "May I draw you a picture of something that changed my life?" While the picture itself likely did not change your life, it is a representation of something that did. It is an easy question to slide into any conversation.

Most people are so intrigued that they say yes, just to see what it is. Once they do, proceed with drawing the tool as described in the outline.

P I L L A R 5 : G O F O R C H R I S T

HELPFUL TIPS

Below are some tips to help invite people to respond to the gospel:

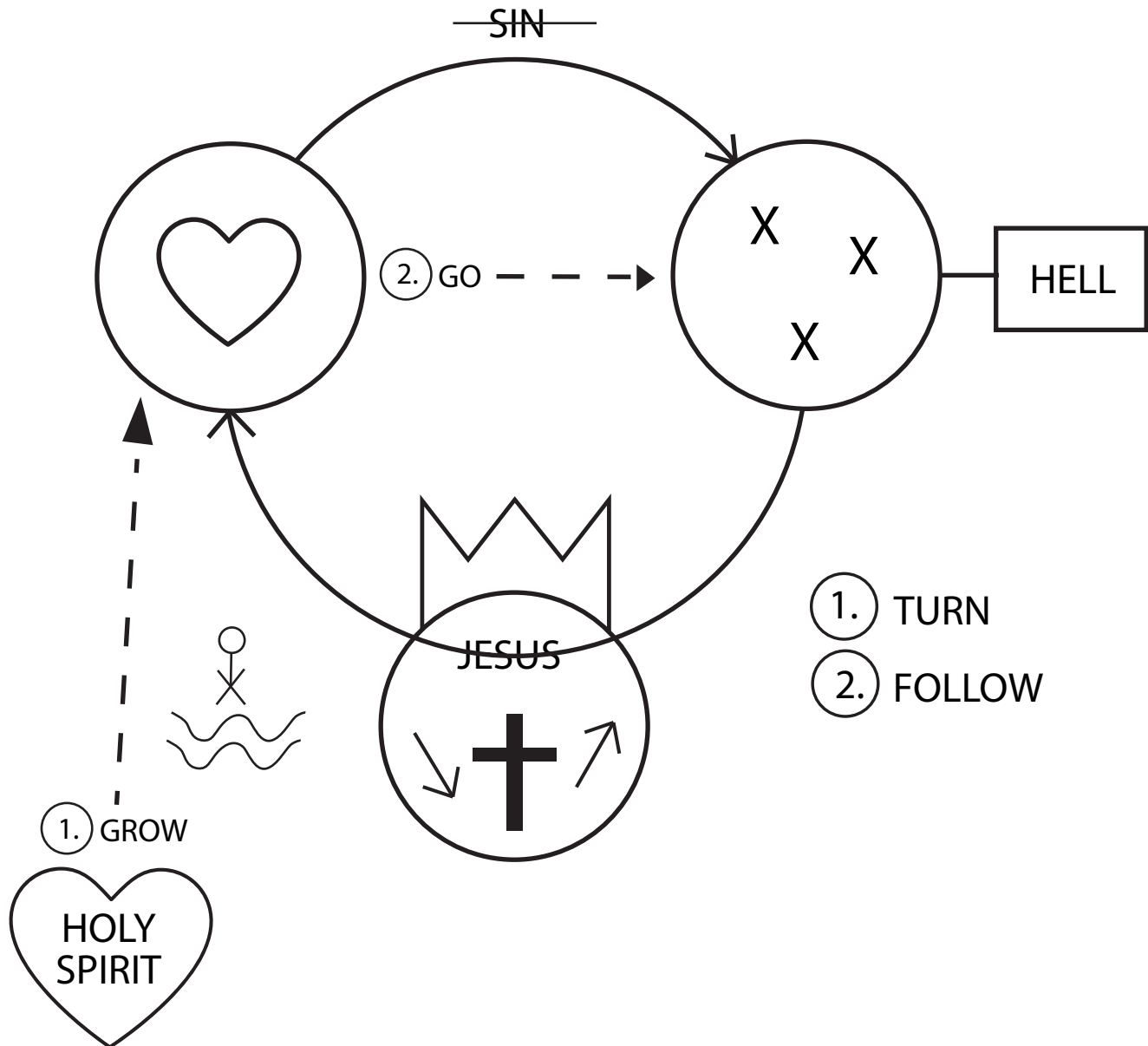
- After sharing, ask, “If you are honest with me, and more importantly, if you are honest with yourself, would you say you are in the broken world and adding to it, or have you turned from your sin to follow Jesus?”
- If they say they are part of the broken world, ask, “Do you want to stay there?”
- If they say no, ask, “Do you feel God leading you to turn from your sin to follow Jesus?”
- If they say yes, ask, “Do you feel like God is leading you to do that today?”

While those questions help evaluate the level of a person’s desire to follow Christ, just like everything else, the interaction should be conversational.

No matter the responses you get, you’ll generally be able to put them into one of three categories called Red Lights, Yellow Lights, and Green Lights. The Gospel Response Tool provides a description of each response category and points to two other tools that help navigate how you can encourage further discussion and next steps for each response. See the examples for reference.

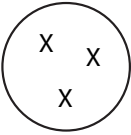
P I L L A R 5 : G O F O R C H R I S T

(MATTHEW 28:16-20)



P I L L A R 5 : G O F O R C H R I S T

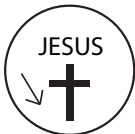
3 C I R C L E S B R E A K D O W N

1.  When you look around our world, we see that it's full of brokenness and pain. Would you agree?
-

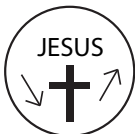
2.  But when God created the world, He created it to be a place of love, joy, and peace. It was the Kingdom of God. So how did we get from what God created to where we are now?
-

3.  One word: sin. Sin is anything we think, say, or do outside God's will. Adam and Eve, who were the first two humans, turned their back on God. That choice set us on a course away from Him; not only in this world, but also in our hearts.
-

4.  The Bible also says there is a consequence to contributing to the brokenness of God's original design. That consequence is separation from Him forever in a place called hell. However, that is not God's desire for any one of us, so He did something about it. Do you know what He did?
-

5.  He sent his son, Jesus. Jesus was equal with God, but came down from heaven so He could become a man. He became a man so He could die.
-

6.  Before He was killed, Jesus went around teaching God's ways, demonstrating His love, and establishing His kingdom. One of the most important things He ever said was, "I am the way, the truth, and the life. No one can come to the Father except through Me." (John 14:6)
-

7.  Then God raised Him from the dead to prove that everything He said was true.

P I L L A R 5 : G O F O R C H R I S T

3 C I R C L E S B R E A K D O W N

8. ①. TURN Jesus calls us to respond to Him by taking two initial steps. The first is to turn away from sin. We turn away from sin so that nothing hinders us from taking the second step which is to follow Him.
②. FOLLOW
-

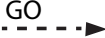
9.  We are saying, "I am no longer the king of my life, but am making Jesus my king and will build His kingdom, not my own."
-

10. ~~SIN~~ When we do this, Jesus does many things in return. Not only does He strike our sin from the record book, but ...
-

11.  ... He removes the power of sin from our heart, and He replaces it with His Holy Spirit.
-

12. ①.  GROW As we listen to the Holy Spirit, He helps us to grow closer to God.
-

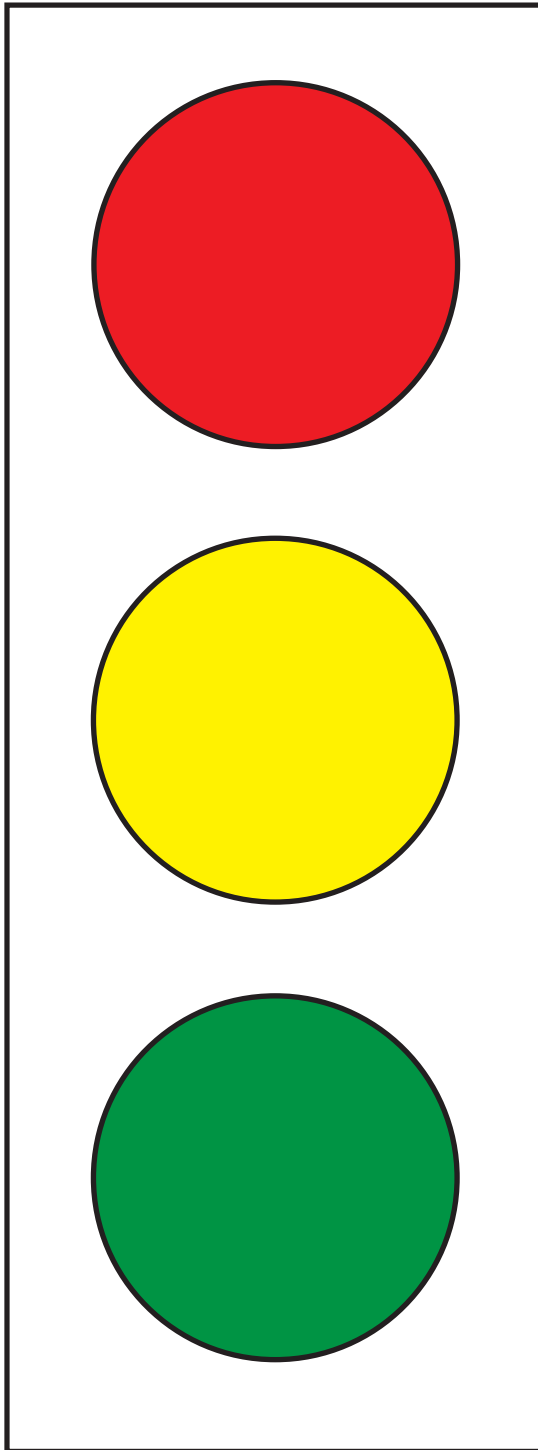
13.  One of the first things He uses to do this is baptism, which helps to free us from our old ways.
-

14. ②. GO  A second thing He does is empower us to go back into the brokenness of this world and help other people by telling them about the freedom and the forgiveness that they can find in Jesus.

P I L L A R 5 : G O S P E L R E S P O N S E S

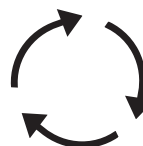
(ACTS 17:30-34)

RED LIGHT, YELLOW LIGHT, GREEN LIGHT



R  → Lovingly move on

Red lights are those who directly or indirectly reject the gospel or discussing spiritual matters. Just like at a red traffic light, you must either stop and wait, or make a right turn and move on. Lovingly move on to share the gospel with someone else, and continue to pray that God would open their heart.

Y  Circle back around

Yellow lights are those who express that they would like to hear more by showing an interest in what you share with them or an openness to prayer. Follow the yellow light steps and make connections that allow you to circle back around to them.

G  Baptize them

Green lights are those who count the cost and express a desire to follow Jesus. Help them invite their community in their journey, baptize the person, and begin the disciple-making process with them and any members of their community who show interest (e.g. start a discovery group with them).

YELLOW LIGHT

MAKE CONNECTIONS

- | | | |
|---|---|---|
| ① | May I add you to my prayer list and call you in about a week to check on you? | Call within a week to maintain familiarity. |
| ② | Is there anything specific I can pray about for you? Any situations or needs? | Remember that your main prayer is for their salvation. |
| ③ | Is there anyone you know that could use prayer, as well? | Ask them to share with that person that you are praying for them. |

FOLLOW-UP

- | | | |
|---|-----------|--|
| ① | Prayers | Ask about the situations, needs, or people you've been praying for. Ask them to let their friend/loved one know you've been praying for them, as well. |
| ② | Share | Share an encouraging Bible story or a passage related to the situation you've been praying for. |
| ③ | Follow-Up | Ask if they have anything additional you can pray about so you can follow-up with them again. |

GREEN LIGHT



HELP COUNT THE COST (LUKE 9:23-26)

What do you think you will have to give up? (Self-denial)

What do you think will be hard? (Daily cross)



POINT TO BAPTISM (ACTS 2:38)

Are you ready to turn from your sins? (Repent)

Baptism is your first major step. (Be baptized)

The Holy Spirit will help you! (The gift of the Holy Spirit)

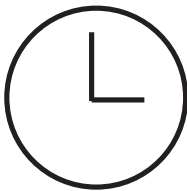


EXPLAIN BAPTISM (ROMANS 6:1-4)

When you go down, your old-self dies. (Baptized into His death)

Old ways get buried. (Buried with Him)

You come up with power to live a new life! (Newness of life)



PLAN BAPTISM

Who would want to be there to support you?

Where would you like to do it?

When would you like to do it?

Share with others about it!

P I L L A R 6 : A U T H O R I T Y I N C H R I S T

“And he went up on the mountain and called to him those whom he desired, and they came to him. And he appointed twelve (whom he also named apostles) so that they might be with him and he might send them out to preach and have authority to cast out demons.” -Mark 3:13-15

INTRODUCTION TO THE TOOL

Our sixth pillar comes from the phrase “authority to cast out demons.” It speaks to the spiritual authority Jesus gave us to help set people free from sickness and oppression, especially that which comes from evil spirits. The purpose of this pillar is to empower you to address these issues in a simple but effective way. The title of the pillar is “Authority in Christ” and we use Luke 13:10-17 as the reference passage. Read it out loud, twice.

In the passage, Jesus meets a woman who has been suffering with a back condition for 18 years. Verse 11 and verse 16 of the passage teach us that her condition is tied to an evil spirit. This shows us that whenever we pray for someone, whether it’s for a physical, mental, or emotional issue, we should address both the natural need and any potential spiritual needs.

In this encounter, Jesus set the woman free with a simple phrase. While that can and many times will happen when we pray for people, sometimes things don’t play out as smooth and directly. This tool helps navigate prayer situations in a way that addresses potential root causes.

DRAW THE TOOL

Write the title and reference passage at the top of your notebook page to begin.

This tool is an interactive prayer model. You draw the tool in order to teach it to someone, but actually follow the steps when praying for someone. You do not need to draw it for someone when you pray for them.

USE THE TOOL

ASK QUESTIONS

When praying for someone, start by asking questions about their need.

Draw a question mark to represent this underneath the reference passage. Write “Ask questions” above it.

We see an example of Jesus asking a question in Mark 9:14-27 after the disciples could not heal a boy who needed both physical healing and deliverance.

Write “Mark 9:14-27” below the question mark. Then read the passage out loud, twice.

P I L L A R 6 : A U T H O R I T Y I N C H R I S T

We don't know exactly why Jesus asked the question, but it serves as a good example for us to ask similar questions.

Two questions that are helpful to regularly ask are:

1. When did the issue start?
2. What was going on in your life when this situation began?

If the prayer is for physical healing, ask what is the person's current pain level on a scale of 1-10, and how they would know if they were healed. This helps measure the effectiveness of your prayers and gauge the level of progress.

IDENTIFY POSSIBLE LINKS

Based on the answers to the two initial questions, continue asking questions to identify possible links between the issue and anything that could have contributed to it, or may have been an open door for attack from the enemy.

Draw an arrow that curves down to the middle of the right side of the page. Write "Identify possible links" underneath it. Draw three connected links to symbolize this.

In 1 Corinthians 11:27-30, Paul does this and links the sickness and death of members in the church to the way they approached the Lord's Supper.

Write "1 Corinthians 11:27-30" below the links. Read the passage out loud, twice.

Although the issues in this passage were sin issues, that is not always the case with people you pray for, so don't jump to that conclusion. Check for things like trauma, non-Christian spiritual experiences, or anything unusual in their past or family history.

4H and 4S Guide

The 4H and 4S Guide will help identify possible links.

4 H's:

- Hurts: Significant times and ways they've been hurt.
- Hates: Any hatred or unforgiveness in their heart.
- Horrors: Things they are afraid of.
- Humiliations: Times they've experienced significant rejection or humiliation.

4 S's:

- Sins they have committed.
- Sins committed against them.
- Sins they have witnessed.
- Sins in their family line.

Notice the great contrast between each. If hurts, hates, or humiliations are identified, help the person process through them, and release forgiveness where needed. If horrors are identified, help identify the root and renounce (verbally break ties with) them.

P I L L A R 6 : A U T H O R I T Y I N C H R I S T

If an act of sin is identified, have them confess to the Lord any role they or their family played in it, renounce it, and ask for forgiveness. If sin was witnessed or committed against them, help them process it similar to one of the H's.

If participation with non-Christian forms of spirituality are identified, have them repent and renounce ties to it, and affirm their commitment to Christ. Address anything unusual in their past or family history, as needed.

While these instructions and the 4H and 4S Guide are not exhaustive or comprehensive, they help make great progress toward healing and freedom.

PRAY WITH FAITH

After gaining some insight into the issue, pray with faith for their healing and/or freedom. Draw an arrow that curves down to the center of the page, and a crown to the left of the arrow to symbolize Jesus' authority. Write "Pray with faith" above the crown.

When you pray, have faith in the promise that Jesus gave in Matthew 28:18-20. Write "Matthew 28:18-20" below the crown, and read the passage out loud, twice.

Jesus says all authority has been given to Him and that He will always be with you, especially as you seek to make disciples and serve people. This promise should give you confidence in every situation.

When praying, command the body or condition to be healed and believe it will respond to the authority and name of Jesus. Command any spirits that are potentially related to the issue to come out. Pay attention to any responses in the person's body, mind, or pain level as you pray.

CHECK FOR RESULTS

After praying, check for results.

Draw an arrow that curves up to the middle of the left side of the page. Draw a check mark above the arrow and write "Check for results" above it.

We see an example of Jesus doing this in Mark 8:22-25, after He prayed for a blind man.

Write "Mark 8:22-25" below the checkmark. Read the passage out loud, twice.

In the passage, we see Jesus checking the results of His prayer, then praying again so the man would be completely healed.

P I L L A R 6 : A U T H O R I T Y I N C H R I S T

Helpful questions to ask as you check for results:

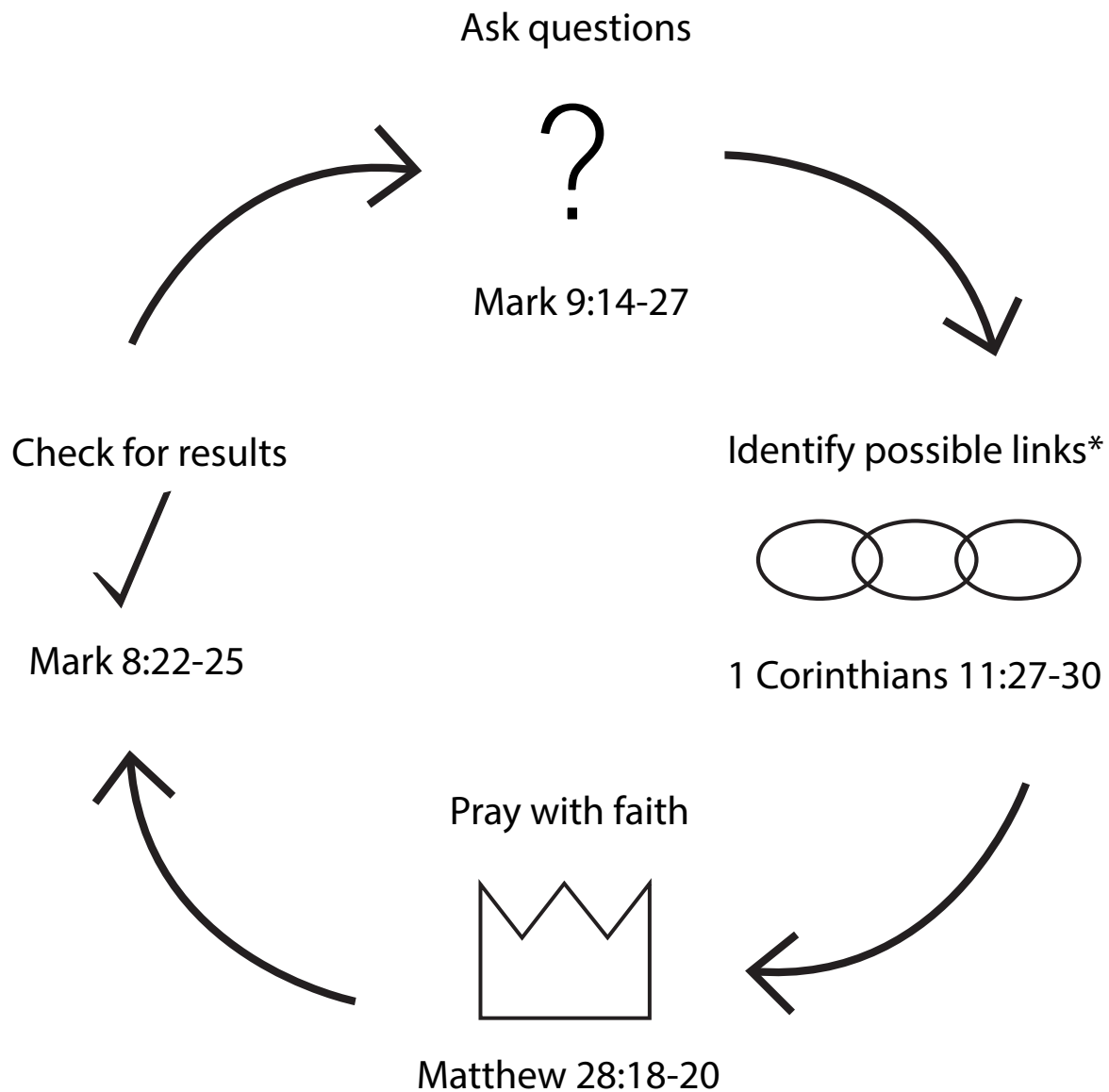
- What are you feeling?
- What are you sensing?
- What is your pain/discomfort level now?
- Do you feel comfortable trying to do something you previously couldn't do? (walking, bending, etc.)

Asking these or similar questions allow you to evaluate the person's condition and determine next steps. If they are fully healed of a notable condition, take time to praise God together. Encourage them to get verification from a doctor, especially if medication is involved.

If they are not completely healed, pray again like Jesus did in the passage, ask more questions, or try to identify any other possible links. The key is to follow the Holy Spirit, maintain faith, and pray multiple times, if needed.

P I L L A R 6 : A U T H O R I T Y I N C H R I S T

(LUKE 13:10-17)



*Use the 4 H's and the 4 S's to help you, and have them confess and renounce anything necessary.

P I L L A R 6 : A U T H O R I T Y I N C H R I S T

4 H A N D 4 S G U I D E

The 4H and 4S Guide is a tool to help identify potential links between the issue(s) for which individuals need prayer, and anything that may be a contributing factor or an open door for attack from the enemy. Things like trauma, involvement with non-Christian forms of spirituality, or anything unusual in their past or family history. It is important to address these issues with love, sensitivity, and humility.

4 H's

- Hurts: Significant times and ways they've been hurt.
- Hates: Any hatred or unforgiveness in their heart.
- Horrors: Things they are afraid of.
- Humiliations: Times they've experienced significant rejection or humiliation.

4 S's

- Sins they have committed.
- Sins committed against them.
- Sins they have witnessed
- Sins in their family line.

P I L L A R 6 : A U T H O R I T Y I N C H R I S T

A B C ' S O F P R A Y E R A F T E R C A R E

The ABC's of Prayer Aftercare help you provide post-prayer care for wholistic and long-term healing. Sometime before or shortly after you end your time of prayer with someone, use the ABC's of Prayer Aftercare to help assess any further needs they might have. The ABC flow of the outline helps to remember four areas of care.

A) Additional Care: Help identify and address areas where they may need additional care, whether natural or spiritual.

Examples: Food or shelter, counseling, additional prayer, etc.

B) Be with Jesus: Help identify steps toward a deeper relationship with Jesus.

Examples: Salvation & baptism, spiritual rhythms such as fasting, creating a U.T.C. schedule, etc.

C) Change: Help identify changes needed to break unhealthy habits or mindsets.

Examples: Turn from sin, a personal budget, healthy media habits, etc.

D) Discipleship: Help identify areas for greater discipleship.

Examples: Church affiliation, personal discipleship, Christian relationships, etc.

P I L L A R 6 : A U T H O R I T Y I N C H R I S T

C L O T H E D W I T H P O W E R

One of the most important aspects of Jesus' ministry is that He baptizes His followers with the Holy Spirit. Jesus calls this the promise of the Father, and said that we would be clothed with power as a result. The purpose of the power is to help us boldly proclaim His word, and display supernatural power that shows His goodness and His glory.

Read and familiarize yourself with the passages below. Use them to pray, worship, and give thanks for the Holy Spirit and His power. Use the ABC's below to help incorporate the passages into your walk with Jesus.

Matthew 3:1-12
Luke 11:9-13
Acts 1:1-8
Acts 6:1-6

Mark 1:4-8
Luke 24:44-49
Acts 2:1-4
Acts 10:34-48

Luke 3:15-18
John 1:32-34
Acts 4:31
Acts 19:1-7

A) ASK: Ask Jesus to baptize you with the Holy Spirit. You can also ask another follower of Jesus to pray and lay hands on you. If you believe you already have the baptism of the Spirit, ask the Lord to fill you again, and give you more power and boldness.

B) BELIEVE: Jesus said the baptism of the Holy Spirit, along with His power, is the promise of the Father. Believe the promise and expect Him to fill you, even if it takes a period of seeking for it.

C) CONTINUE: Continually seek God for new fillings of the Spirit, boldness, and power.

D) DO: Regularly seek to exercise the power of the Holy Spirit, especially in the context of sharing God's word and making disciples.

G R O W I N G I N P O W E R

In addition to learning tools and strategies of how to effectively pray for healing and deliverance, we must also seek to grow in power in order to see greater fruit. There are 5 areas which are commonly thought of as the individual key to growing in fruitfulness and power, but it is the combination of these 5 that yield the greatest results: gifting, consecration, authority, faith, and experience.

Below are short definitions of each and two ways to grow in them.

GIFTING: The spiritual gifts God has given you.

PRAY: Ask God to give you more gifts and increase the effectiveness of the ones you have.

PARTNER: Ask others who have stronger or different gifts than you to partner with you as you pray for people.

CONSECRATION: The level to which your life is set apart for God.

FAST: Practice regular rhythms of fasting (no food), and a lifestyle of self-denial.

PRAY: Spend more undistracted time with the Lord.

AUTHORITY: The right to give orders and enforce obedience. Authority is generally given based on trust. The more God can trust us, the more authority He can give us.

OBEY GOD'S WORD: Be a doer of God's word and obey what you read.

OBEY GOD'S VOICE: Obey what He says to you in prayer.

FAITH: Confident belief and trust.

BIBLICAL TESTIMONIES: Read and re-read about healing, deliverance, and miracles in the Bible.

MODERN-DAY TESTIMONIES: Biographies, stories of friends, etc.

EXPERIENCE: The amount of meaningful, hands-on engagement you have.

TRY: Don't wait until you perfectly understand everything you've learned. Put what you know into practice.

TEACH: Humbly teach people what you know. Your effort to explain things will increase your own understanding.

P I L L A R 6 : A U T H O R I T Y I N C H R I S T

S . C . U . D

In the Bible, faith plays a big role when it comes to seeing fruit in the areas of healing and deliverance. To help increase our faith, there are 4 main beliefs and root causes which we should regularly examine and where we should seek to renew our mind: skepticism, cessationism, unbelief, and doubt.

SKEPTICISM: A questioning attitude.

CESSATIONISM: A doctrine that the miraculous gifts of the Spirit have ceased.

UNBELIEF: Posture of not believing.

DOUBT: Uncertainty.

S.C.U.D is often rooted in four main things:

1. Little to no exposure to power ministry
2. Negative exposure to power ministry
3. Fear of being wrong, deceived, etc.*
4. Teaching/education that contradicts faith in the miraculous

*Fear does not protect us, discernment does. Ask God to increase your discernment, and renounce all fear.

P I L L A R 6 : A U T H O R I T Y I N C H R I S T

SUMMARY OF THE TOOLS

Below is a summary and different ways to use the tools and pillars. As always, the Holy Spirit may show you many others. Be open to how He leads you to use these for yourself, those you disciple, and those to whom you minister.

FOUNDATIONAL TOOLS

Daily U.T.C. Schedule

- Proactive schedule to prioritize time with the Lord.

Daily Prayer Calendar

- Structured way to pray for and maintain relationships with people in your community and circles of influence.

Discovery Bible Study

- Bible study format to help develop deep relationships, obedience, and sharing, especially among unbelievers and new followers of Christ.

6 PILLARS

Pillar 1: Know Christ

- Grow in the knowledge and understanding of Christ through four key titles.
- Guide for personal devotion and prayer.
- Help unbelievers learn about Christ.

Pillar 2: Identity in Christ

- Grow in knowledge and understanding of our identity in Christ.
- Guide for personal devotion and prayer.
- Minister to those in need of a renewed understanding of their identity in Christ.

Pillar 3: Obey Christ

- Grow in the understanding of the connection between love for Christ and obedience to Him.
- Grow in understanding of what it practically looks like to obey Christ.

Pillar 4: Be with Christ

- Prayer guide for individuals and groups.

Pillar 5: Go for Christ

- Grow in the ability to communicate the gospel.
- Guide to help call people to respond to the gospel, assess responses, and lead people on the journey toward Christ and baptism.

Pillar 6: Authority in Christ

- Grow in the ability to help set people free from sickness and oppression, especially that which comes from evil spirits.
- Grow in the ability to give wholistic ministry and care.
- Learn how to grow in power.

...

“AND HE WENT UP ON THE MOUNTAIN AND **CALLED TO HIM** THOSE WHOM HE **DESIRED**, AND THEY **CAME TO HIM**. AND HE APPOINTED TWELVE (WHOM HE ALSO NAMED APOSTLES) SO THAT THEY MIGHT **BE WITH HIM** AND HE MIGHT **SEND THEM OUT TO PREACH** AND HAVE **AUTHORITY** TO CAST OUT DEMONS.”

-MARK 3:13-15



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