

Garden City Disciple Making Training

Week 8: Pillar 4 - BE WITH CHRIST

I. WELCOME & INTRO

A. Comments

II. TESTIMONIES -5

A. Table Host

B. No failure

C. Makes a difference

D. Send texts

III. KICKOFF REVIEW -3

A. Begin with **KICKOFF**. It's a time to catch up with people and find out how the week has been personally and as it's related to the tools.

SLIDE:

KICKOFF: A time of questions and accountability designed to catch up with people and find out how their week has been, both personally and as it's related to the tools.

B. Put the questions on screen.

SLIDE:

UP: What are you thankful for this week?

DOWN: What has been difficult or discouraging? What would help make this better?

AROUND: Do you know of any needs in your community? How can I/we help?

IN: How are you doing with making uninterrupted time for Christ?

OUT: How are you doing with the Daily Prayer Calendar?

C. **IN**: How are you doing with making uninterrupted time for Christ?

D. **OUT**: How are you doing with the Daily Prayer Calendar?

E. The table leader can help you if need be.

IV. DISCUSSION TIME -15

V. FOUNDATIONAL PASSAGE *5 minutes*

- A. Foundational passage—**Mark 3:13-15**.

SLIDE:

And he went up on the mountain and called to him those whom he desired, and they came to him. And he appointed twelve (whom he also named apostles) so that they might be with him and he might send them out to preach and have authority to cast out demons. -Mark 3:13-15

VI. **INTRODUCE PILLAR**

- A. Our fourth pillar comes from the phrase “be with Him.”
- B. From it we see that Jesus desires to **spend time with us**.
- C. While there are many ways to do that, **one of the best** is prayer.
- D. The **purpose** of this pillar is to help us grow in our ability to be with him in prayer.
- E. The title of this pillar is “Be with Christ” and we use Matthew 6:6-13 as our reference passage.
- F. In this passage, Jesus gives us an **outline** of how to pray and engage with the Father.
- G. Jesus’s outline can be **broken down into five main points**.
- H. It is called the **Handy Model** because it’s a handy way to remember what he said, and because we can represent it with our hand.

VII. **DRAW (5)**

- A. To start, partner up and have your **partner trace** your hand.
- B. **Need** to use **right hand**, even if left-handed.
- C. Open wide so there is **enough space** to write in between and in them.
- D. We will use our fingers and write them.

SLIDE:

- Trace your partner’s hand
- Trace right hand, even if left-handed
- Make sure there is enough space to write inside and in-between each finger

VIII. **SILENCE**

- A. Notice how there is **space between each finger** and space on **each side** of the hand.

- B. **Pray open**, not closed.
- C. Leave **space** in between each point **to hear** from the Lord
- D. First space for **silence to still our mind** before prayer.
- E. Others are spaces to listen for how God might want to respond.
- F. **Write “Silence” vertically** along the outside of your thumb.
- G. **Write “Listen” vertically** in between each finger and on the **outside of the pinky**.
- H. **2 minutes to write**

SLIDE:

- Write “Silence” vertically along the outside of your thumb.
- Write “Listen” vertically in between each finger and on the outside of the pinky.
 - I. **Silence** to still your mind **before we begin**—90 sec

SLIDE:

- **Still** your mind before we begin praying

IX. **Prayer Point #1: “Praise”**

- A. Our first point comes from **verse 9**

SLIDE:

“Our Father in heaven, hallowed be your name.”

- B. Jesus tells us **start by honoring** the Father, **making our first point** “praise”
- C. We represent by putting up our thumb. It’s like **giving God a “thumbs up”**.
- D. Give a thumbs up and **say, “Thumbs up God. We praise you.”**
- E. Now write “Praise” vertically inside the thumb.

SLIDE:

Write “Praise” vertically inside the thumb.

- F. For this point, we praise God for two main things: who he is, and what he’s done. Write that above your thumb.

SLIDE:

Write “Who God is” and “What God has done” above your thumb.

- G. What is one aspect of God's **character** you can praise him for?
- H. What is one thing **God has done recently** that you can thank or praise him for?
- I. **90 sec to think and write.**

SLIDE:

One aspect of God's character to praise.

One thing God has recently done to thank Him for.

Write your answers.

- J. **3 minutes to pray-praise and thank God.**

SLIDE:

Take time to pray about the things you wrote down.

- K. Take time to listen and record anything you think might be from the Lord.
- L. He might speak to your **mind**, give you a **picture**, put an **impression** on your heart, or something totally unexpected. Be sure to **record** anything you think might be from him, **no matter how small.**
- M. **90 seconds listening** for him to **respond.**

SLIDE:

Take time to listen and record anything you think might be from the Lord.

X. Prayer Point #2: "Lordship"

- A. Our second point comes from **verse 10**

SLIDE:

"Your kingdom come, your will be done, on earth as it is in heaven."

- B. Jesus instructs us to pray for God's kingdom and will to increase
- C. If you put up your first and second fingers, you notice that it projects an L, (not looks like).
- D. We're going to use that to represent the word Lordship
- E. Write "Lordship" vertically inside the index finger of your drawing.

SLIDE:

Write "Lordship" vertically inside the index finger.

- F. Keep your fingers up and say "**Lordship. Jesus you are my Lord.**"
- G. Lordship is a word that means that someone has the authority of a ruler or a king.
- H. So we pray for God's kingdom and God's will to be established, and we pray to submit our will to him.

SLIDE:

Write "God's kingdom and will" and "Not my will" above your index finger.

- I. What is one aspect of God's kingdom or will which you can pray to see expand in your family, community, or nation?
- J. Things like social issues or ministry endeavors.
- K. Second part, about will, is there anything you believe God is asking you to start, stop, or continue doing? If not, or you are unsure, ask him.
- L. **2 minutes to think and write.**

SLIDE

One aspect of God's kingdom or will.

Anything God is asking you to start, stop, or continue.

Write your answers.

- M. **3 minutes to pray about the things you wrote down.**

SLIDE:

Take time to pray about the things you wrote down.

- N. Take time to listen and record anything you think might be from the Lord.
- O. **90 seconds**

SLIDE:

Take time to listen and record anything you think might be from the Lord.

XI. Prayer Point #3: "ASK"

- A. Our third point comes from verse 11, "Give us this day our daily bread."

SLIDE:

“Give us this day our daily bread.”

- B. Here, Jesus tells us to ask for our needs.
- C. Since it is the third point, we represent it with our first three fingers. SHOW FINGERS
- D. Note that there are also three letters in the word “ask,” so think of each finger as representing one of the letters.
- E. Extend your thumb, index, and center finger with me and say, “A-S-K.”
- F. Now write “Ask” vertically inside the center finger of your drawing.

SLIDE:

Write “Ask” vertically inside your center finger.

- G. Notice that Jesus says we should ask for “**our**” daily bread, not “**my**” daily bread.
- H. This means we should always care about and pray for other people’s needs in addition to our own.

SLIDE:

Write “Other people’s needs” and “My own needs” above your center finger

- I. What needs are there in your community—city, workplace, or neighborhood?
 1. This is a good time to pray for people on your prayer calendar. Feel free to send texts.
 2. I don’t like to send, but can pray for already received.
 3. Along with praying for the needs, ask the Lord how you can help meet some of them.
- J. What needs are there in your personal life or family?
- K. **2 minutes to think and write, in case you need to send text.**

SLIDE

Needs in your community and/or prayer calendar (send texts).

Needs in your personal life or family.

Write your answers.

- L. **3 minutes to pray about the things you wrote down.**

SLIDE:

Take time to pray about the things you wrote down.

- M. Take time to listen and record anything you think might be from the Lord.

SLIDE:

Take time to listen and record anything you think might be from the Lord.

XII. Prayer Point #4: “Forgive”

- A. Our fourth point comes from verse 12, “forgive us our debts, as we also have forgiven our debtors.”

SLIDE:

“Forgive us our debts, as we also have forgiven our debtors.”

- B. In this verse, Jesus leads us to focus on forgiveness. We represent it by holding up our first four fingers. (HOLD UP HAND)
- C. Notice the correlation between four fingers and for-give.
- D. Hold up your first four fingers with me and say “for-give.”

SLIDE:

Write “Forgive” vertically inside your fourth finger.

- E. In this verse, Jesus reminds us to pray about other people’s need for forgiveness, not just our own.
 - 1. So, in addition to asking the Lord to forgive us for any sin in our own lives, we should ask for mercy and salvation on behalf of other people.
- F. Jesus also calls us to forgive anyone who has wronged us.

SLIDE:

Write “Please forgive us” and “I forgive others” above the fourth finger.

- G. You may have noticed there are three aspects here.
- H. Forgiveness for our sins, other people's sins, and forgiving other people.
- I. Anything you need to ask forgiveness for.
- J. Pray for the salvation of people who are not saved and need God’s forgiveness
- K. Anyone you need to forgive anyone.
- L. **2.5 minutes to think and write.**
- M. **Jesus doesn’t just want to forgive you for deeds, but your state of being in sin.**

SLIDE

Anything you need to ask forgiveness for.

Unsaved people you can pray for.

Anyone you need to forgive anyone.

Write your answers.

N. **5 minutes to pray about the things you wrote down.**

SLIDE:

Take time to pray about the things you wrote down.

O. Take time to listen and record anything you think might be from the Lord.

P. **90 seconds listening**

SLIDE:

Take time to listen and record anything you think might be from the Lord.

XIII. Prayer Point #5: "Stop"

A. Our last point comes from verse 13, "lead us not into temptation, but deliver us from evil."

SLIDE:

"Lead us not into temptation, but deliver us from evil."

B. In this last point, Jesus instructs us to ask for **help in the area of temptation** and for **protection against** the evil one.

C. We call this last point "Stop" since we are asking God to **stop us from giving into temptation and to stop the evil one.**

D. We **represent** it by extending our hand and making the **stop gesture.**

E. **Extend** your hand out with me and say, "**stop**". (EXTEND HAND)

SLIDE:

Write "Stop" vertically inside your pinky finger.

F. The two main things we pray here is for the Lord to **keep us from temptation** and for him to **stop the enemy's plans.**

SLIDE:

Write “Keep temptation away” and “Stop the enemy” above your pinky finger.

- G. Two sides
- H. Are there any situations in your life that are areas of temptation?
- I. Are there any areas where you feel like the evil one might be attacking?
- J. **2 minutes to think and write.**

SLIDE

Any situations in your life that are areas of temptation.

Any areas where you feel like the evil one might be attacking.

Write your answers.

- K. **3 minutes to pray about the things you wrote down.**

SLIDE:

Take time to pray about the things you wrote down.

- L. Take time to listen and record anything you think might be from the Lord.
- M. **90 seconds**

SLIDE:

Take time to listen and record anything you think might be from the Lord.

XIV. Application

- A. Now that we have prayed through each point, let’s review. Follow along with me and do the hand gestures. (SHOW HAND)
 - Number one, “Praise”
 - Number two, “Lordship”
 - Number three, “Ask”
 - Number four, “Forgive”
 - Number five, “Stop”

XV. I WILL

- A. As a final and important step, look over everything you wrote down as you listened from the Lord in prayer. Ask him to highlight one thing you can take action in the next 48 hours, and write out an “I will” statement.

SLIDE:

Look over everything you wrote down as you listened for the Lord’s responses. Ask him to highlight one thing you can take action on in the next 48 hours, and write out an “I will” statement.

I will _____, and will _____ in the next 48 hours.

XVI. Conclusion

- A. The Lord’s prayer is one of the most powerful tools in all Scripture. The Handy Prayer Model is a tool that helps you to navigate through the prayer engaging with the Lord, rather than simply reciting the verses.
- B. One benefit of the tool is that it can easily and significantly increase the time you spend with the Lord.
- C. If you spend just three minutes praying for each aspect of the five major points (#4 has three)—33
- D. Two minutes during each of the times for silence and listening including at the beginning-12
- E. Two minutes recording what you receive from the Lord-12
- F. That would be a total of 57 minutes

H. CLOSING

- A. Share. Pray. Obey.

SLIDE:

Share: Draw the tool for someone you feel comfortable with (read & practice first).

Pray: Use the tool this week to pray

Obey: Take steps to fulfill your “I will” statement (accountability helps).

- B. Pick up **children**

C. Sanctuary **AND** Eden Center, please help with tables.

1. Trash and Extra supplies