



Disciple Making Training | Week 3 - Pillar 1 (Part 1)

I. PRAYER FOR COMMUNITY

- A. Take time to pray for our city and community regarding
- B. Even as followers of Christ, we are still impacted by natural things in this fallen world, like sickness. At the same time, as those filled with the Spirit of God, we should be on the offense against these things and not simply on the defense.
- C. Prayer Points
 - Healing—fevers to break, nausea to cease, health to be restored
 - Deliverance—deliver us from any way the evil one is involved
 - Mercy—for those in difficulty situations because of sickness
 - Protection—those not sick would be protected from illness
- D. Read Psalm 91:1-10 and pray

II. KICKOFF OVERVIEW

- A. Begin with KICKOFF. It's a time to catch up with people and find out how the week has been personally and as it's related to the tools.
- B. Kickoff can easily be remembered by the phrase "UP, DOWN, AROUND, OUT, IN".
- C. UP has to do with the high point of a person's week. Ask, "What are you thankful for this week?"
- D. DOWN is a low point of their week. Ask "What has been difficult or discouraging?" Then ask something like, "What would help make things better?"
 1. Maybe you can help, maybe not, but the loving thing is always to see what role the Lord might have you play as you get to know the person.

2. Your only obligation is love. It's totally ok to say, I'm not sure if I can do that, but let me get back to you.
 3. This is typically a group exercise where needs are shared with the whole group, so the whole group would work together to help.
- E. AROUND has to do with the needs around a person. It is a critical question because it helps us remember we're called to love those around us and not just those in our inner circles.
- F. One way to ask about needs is "Do you know of any needs in your community".
1. Community is family, friends, co-workers, neighbors, etc.
 2. Also ask, "How can I/we help?"
 3. When you're in a group setting, this is a great way to help the group be a light and build bridges beyond those in the group.
 4. Your only obligation is love. It's totally ok to say, I'm not sure if I can do that, but let me get back to you. God doesn't expect you to solve every problem.
- G. The OUT and IN questions are to help assess the fruit of your previous meeting with the group.
- H. OUT is about their outward interaction of sharing whatever was covered the last time you were together. In the case of this group, it would be the Daily Prayer Calendar.
- I. Ask, "Who did you teach the prayer calendar to, and how did it go?"
- J. IN helps look inward and evaluate how you did with completing the action step from the last meeting.
- K. Ask, "How did you do with your Daily Prayer Calendar?"
- L. For either IN or OUT, no matter how big or small, celebrate any level of action
- M. If they didn't do either of them, ask what hindered them, pray for grace, and of course, ask if there is a way you can help.

- N. This is what helps a church go from a group of individual members into a functioning family.
- O. If your partner wasn't here last week, teach them the prayer calendar.

III. MOVING FORWARD

- A. As we get into the tools and pillars, you'll notice that instructions will be pretty basic, and at times seem redundant, or overly simplistic—that is intentional.
- B. The model is rooted in 4 basic principles for the sake of multiplication: Biblical. Reproducible. Practical. Simple.
- C. Generally, the more basic something is, the more easily it can be reproduced and multiplied, and repetition is key to learning.
- D. The strength of the model is not in delivery. It's in the application. It might not seem powerful when I deliver it up here, but it will be seen when you apply it.

IV. FOUNDATIONAL PASSAGE

- A. Our first pillar (and all the pillars) come from Mark 3:13-15:
- B. And he went up on the mountain and called to him those whom he desired, and they came to him. And he appointed twelve (whom he also named apostles) so that they might be with him and he might send them out to preach and have authority to cast out demons.
-Mark 3:13-15
- C. Our first pillar comes from the phrase "called to him." It reflects the priority Jesus has for us to know Him before we do anything else.
- D. The title of this pillar is "Know Christ".
- E. The purpose of this pillar is to help us to grow in our knowledge and understanding of who Jesus is so ultimately we can love him more.
- F. We use Matthew 16:13-18 as a reference passage, so write that at the top of the page.
- G. In the passage, there is a conversation between Jesus and His disciples that highlights four important titles that teach us a lot about him.
- H. We'll use the symbol of the cross to help us draw out some key details about each title.

- I. Start by drawing a cross in the center of our page, and make sure you leave room to draw above, below, and on the sides.
- J. Let's read the passage together.

13 Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" 14 And they said, "Some say John the Baptist, others say Elijah, and others Jeremiah or one of the prophets." 15 He said to them, "But who do you say that I am?" 16 Simon Peter replied, "You are the Christ, the Son of the living God." 17 And Jesus answered him, "Blessed are you, Simon Bar-Jonah! For flesh and blood has not revealed this to you, but my Father who is in heaven. 18 And I tell you, you are Peter, and on this rock I will build my church, and the gates of hell shall not prevail against it. -Matthew 16:13-18

V. THE SON OF MAN

- A. The first title we see is in verse 13. Jesus refers to himself as The Son of Man.

13 Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?"

- B. Draw a stickman to symbolize Son of Man.
- C. In the Bible, 'son of man' is generally a phrase that means one who is born from another human. Son of a man.
- D. However, Jesus uses it to identify himself as the person in the book of Daniel who looks human but is also given authority over all of God's Kingdom.
- E. We find that story in Daniel 7:13-14
- F. Let's read it together:

"I saw in the night visions, and behold, with the clouds of heaven there came one like a son of man, and he came to the Ancient of Days and was presented before him. And to him was given dominion and glory and a kingdom, that all peoples, nations, and languages should serve him; his dominion is an everlasting dominion, which shall not pass away, and his kingdom one that shall not be destroyed."
-Daniel 7:13-14

- G. Normally, at this point I would have a group collectively retell the story.
- H. That's different from summarizing or sharing what stands out to each person. The point of retelling is to make sure we're actually grasping the words on the page.
- I. Have you ever read a story in the Bible, and immediately afterwards, said to yourself, "what happened?" or "what did I just read?"
- J. If that doesn't happen to you, know it happens to a lot of people. Retelling makes sure we are literally all on the same page.
- K. Since we don't have the time in this setting to do collectively retelling, I'll retell the stories as we read them, so you can have a general idea of what we're aiming for.
- L. In this story, God gives Daniel a vision. He sees someone who appears to be human brought into the presence of God on the clouds. Then, God gives him authority over the kingdom so that all people will worship and serve Him forever.
- M. Our main takeaway from this passage as it relates to the title Son of Man is that Jesus is our Eternal King.
- N. Write that underneath Daniel 7:13-14.
- O. How does this passage impact your view of Jesus?
- P. Review the passage and write down your answer.
- Q. It is very important that you actually write it out because we will use it later.

VI. THE CHRIST

- A. We're going to return to our main passage, Matthew 16:13-18, and read it again to learn our second title:

13 Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" 14 And they said, "Some say John the Baptist, others say Elijah, and others Jeremiah or one of the prophets." 15 He said to them, "But who do you say that I am?" 16 Simon Peter replied, "You are the Christ, the Son of the living God." 17 And Jesus answered him, "Blessed are you, Simon Bar-Jonah! For flesh and blood has not revealed this to you, but my Father who is in heaven. 18 And I tell you, you are Peter, and on this rock I will build my church, and the gates of hell shall not prevail against it. -Matthew 16:13-18

- B. We see the second title in verse 16, The Christ.
- C. 16 Simon Peter replied, "You are the Christ..."
- D. Some translations use the phrase, "Messiah."
- E. They both mean to be anointed or empowered by God.
- F. We will draw a crown as our symbol of power.
- G. In Luke 4:16-21, Jesus teaches us some of what He was empowered to do.
- H. Write Luke 4:16-21 under the crown.
- I. Let's read it together:

And he came to Nazareth, where he had been brought up. And as was his custom, he went to the synagogue on the Sabbath day, and he stood up to read. 17 And the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written, 18 "The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim liberty to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, 19 to proclaim the year of the Lord's favor." 20 And he rolled up the scroll and gave it back to the attendant and sat down. And the eyes of all in the synagogue were fixed on him. 21 And he began to say to them, "Today this Scripture has been fulfilled in your hearing."

- J. Here, Jesus was in a synagogue in the city where he grew up. He finds a passage in the book of Isaiah and reads it to everyone. It talks about the Spirit of God anointing someone to bring good news, heal the sick, and set people free. Then Jesus sits down and tells everyone that the scripture was being fulfilled by Him.
- K. Our main takeaway from this passage is that Jesus heals and sets free.
- L. How does this passage impact your view of Jesus?
- M. Take a couple minutes to review the passage and write down your answer.
- N. Again, it's important that you actually write it out.

VII. I WILL STATEMENT

- A. We should engage with the Bible for transformation not information.

- B. Based on how the two previous titles impacted you, how do you think God wants you to respond or change?
- C. Write down your answer as an “I will” statement
- D. I will statements are simply a commitment to action.
- E. Psalm 116:1-4
- F. Example: I will _____, and wil_____ in the next 48 hours.
- G. It's should be measurable and time based.

VIII. **CLOSING**

- A. We will finish the second half of the pillar next week.
- B. Share, pray, and obey:
 1. Share: Share your “I will” statement with someone for supportive accountability
 2. Pray: Continue U.T.C. & Daily Prayer Calendar. Ask God to help you accomplish your “I will” statement
 3. Obey: Take steps to fulfill your “I will” statement