

Garden City Disciple Making Training
Week 2: Foundational Tools & Daily Prayer Calendar
Notes for YouTube

I. KICKOFF EXPLANATION

- A. Kickoff is a time of questions and accountability designed to catch up with people and find out how their week has been, both personally and as it's related to the tools.
- B. It makes accountability easy and relational.
- C. The kickoff questions can be remembered by the phrase "**UP, DOWN, AROUND, OUT, IN**".
- D. The questions help instill habits and ways of thinking that will begin to incline hearts to the ways of God. They work well with new believers and unbelievers because they do not use religious language.

II. KICKOFF QUESTIONS

- A. **UP** has to do with the high point of the week.
 - 1. Ask, "what are you thankful for this week?"
 - 2. This teaches gratitude and thanksgiving.
- B. **DOWN** is the low point of the week.
 - 1. Ask "what has been difficult or discouraging?"
 - 2. This helps to develop bonding within the group and get a little more personal.
 - 3. It also helps to teach intercession and asking for prayer.
- C. **AROUND** has to do with personal needs.
 - 1. Ask, "what are some needs in your life?", and "what are some needs in the life of people around you?"
 - 2. After people share, if you feel comfortable, pray for them, but also ask, "is there any way I / we can help one another and/or those around you?"
 - 3. Don't just leave the issues on the table unaddressed. They are opportunities to love and care for one another.
 - 4. This question often gets left out, because many discussion based things are about information, not necessarily action.
 - 5. It can also be an inconvenience to know about a person's needs. However, this is one of the most important aspects of your time together. It helps prevent the group from

becoming inward focused, and is often an avenue for multiplication by caring for those outside the gathering .

6. If you leave this question out, you will miss countless opportunities.

7. Remember to ask about anyone that was identified at the last gathering as needing help.

D. The *OUT* and *IN* questions are to help assess the fruit of the previous gathering. You won't be able to ask these questions at first because there won't be an action to follow-up on, but you will ask them every time after that.

E. **OUT** is about the outward interaction of sharing whatever was covered at the last gathering.

1. Ask, "who did you share with and how did it go?"

2. Sharing stories or other elements gets people used to sharing truth in a natural and non-threatening way.

F. **IN** looks inward to evaluate completion of the action step from the last meeting.

1. Ask, "how did you do with your action step?"

G. Summary:

UP: What are you thankful for this week? (Thanksgiving/ Worship)

DOWN: What has been difficult or discouraging? (Intercession)

AROUND: Needs—you and others? Did you help anyone from last time? (Love/ Ministry)

OUT: Did you share and how did it go? (Obedience/ Evangelism)

IN: How did you do? (Obedience/ Accountability)

III. INTRO TO DAILY PRAYER CALENDAR

A. Everything we do will flow out of the Great Commandment and the Great Commission.

Mark 12:29-31- Jesus answered, "The most important is, 'Hear, O Israel: The Lord our God, the Lord is one. And you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' The second is this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these.

Matthew 28:18-20- And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have

commanded you. And behold, I am with you always, to the end of the age.

- B. The **Uninterrupted Time with Christ (U.T.C.) Schedule** is intended to help develop a daily expression of the great commandment, specifically the aspect of loving the Lord, with all of your mind, by giving him a total of one hour a day of undistracted time, where nothing is on your mind but him.
- C. Today's tool is the **Daily Prayer Calendar**
- D. The Daily Prayer Calendar will also help you develop a daily expression of the great commandment, but this time the emphasis is on the second part—loving your neighbor as you love yourself.
- E. When it comes to love, one of the greatest ways you can show love to those around you is by helping to bear their burdens and taking them to the Lord in prayer. The calendar will help you pray for the specific needs of those around you by reaching out to them on a specific day and asking how you can pray for them.
- F. This is one reason why you create a U.T.C. schedule first. Now, there is a designated time that you spend with the Lord everyday, and you don't have to figure out how to fit in something like the prayer calendar. You just make it a part of what you are already doing and pray for people during U.T.C. time.

IV. Drawing the tool

- A. At the top of your page, write Daily Prayer Calendar.
- B. Divide the page into two columns with a line down the center.
- C. At the top of the column on the left write, "Not saved" and next to it write Mark 12:31.
- D. On top of the next column, write "Saved" and next to it write Epheshians 6:18-20.
- E. You will eventually number the side of the page 1-30. This will help you organize the names of people so every day of the month you have a person in each column to focus on for prayer.
 - 1. For example, on the first of the month, your focus will be on the people in row one, and so on for the whole month.
- F. Mark 12:31 is the specific verse of the great Commandment that reminds us to love our neighbor as we love ourselves.
- G. People who are not saved may not have anyone in their life praying for them, so praying for them is a huge act of love. Having the verse written on top helps to remember one of the main reasons why we do this.

- H. Naturally praying for saved people in your life is also an active love but there's a second aspect of praying for those who are saved that I want to highlight for you.
- I. As you reach out to the people in your saved column, many of those people may respond by asking you how they can pray for you. Share with them anything in your life that you want prayer for, but I want to help you expand how you answer people when they ask how they can pray for you.
- J. Let's look at the apostle Paul, who is one of the greatest examples for us in the Bible. When he was at one of the hardest points of his life and was in jail for preaching the gospel, note what he requested prayer for.
- K. We'll pick it up at verse 18 of Ephesians 6 where he is encouraging people to pray for one another.

Ephesians 6:18-20- praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.

- L. One of Paul's greatest desires and concerns, even in the midst of his hardest struggles, was that he would continue to boldly share the gospel and make disciples. We should seek for the same thing.
- M. When people ask, "how can I pray for you?", in addition to your needs, also say to them, "please pray that God would help me be bold and consistent in sharing the gospel and making disciples".
- N. So, with the saved column, not only are you showing love by praying for them, not only are you generating more people who will pray for you and your family, but you're also building up spiritual support in your ability to respond to the Great Commission.
- O. Before you begin, numbering your page 1 through 30 and begin to fill-in names, ask the Lord to bring to mind people for the list. Then, begin filling in as many slots as possible, trusting that the Lord is leading the order in which you write them.
- P. If you are unsure of a person's salvation, keep their name in the unsaved column until you become confident that the person is born again.
- Q. If you have lines without names, ask God to reveal more names or feel free to look through your contact lists in your phone, on social media, etc.
- R. If you fall short of 30 names for the "not saved" list, see that as an invitation to become more intentional about developing relationships with unbelievers.

V. Explanation of how to use tool

- A. To use the calendar, reach out to the people listed in each column for that particular day of the month to let them know you are praying for them. Ask if there is anything specific you can pray for/about.
- B. A phone call or text is good, but if you can do it in person, that's always best.
- C. I often use a text that looks like this: "You are on my prayer list tomorrow. Is there anything specific I can pray about for you?"
- D. I actually have that on a note in my phone so I can simply copy and paste and I don't have to write it every day. However, I do edit and personalize it for the specific person I'm talking to.
- E. A few other helpful tips:
 - 1. Day before—it helps give them time to think and respond.
 - 2. Respond to them right away—send a voice memo or text prayer. It shows them you really are praying for them.
 - 3. Ask the Lord for a word or scripture for them—it will increase your ability to hear from the Lord for others
 - 4. Ask the Lord how you can help with any needs that they express—The Lord won't overburden you.
 - a) Remember, we were created for good works and Jesus said that it's our good works that bring glory to God.
- F. Those who are saved will likely express appreciation and respond with a request.
- G. With those who are not saved, you may get a wide range of responses, like no response at all, a really short response, or even confusion about what you are asking them. However, you may be very surprised by some of the positive responses you get from them.
- H. No matter what, every one of them will experience an expression of genuine love.
- I. Now that you have some helpful tips, send out your first texts. Right now.
- J. I know there may be people you haven't talked to in months or years, but what a beautiful way to re-engage with them.
- K. Remember, you prayed and were going to trust the Lord for what names landed in each slot. Trust the Lord with whoever is on your list for today.
- L. There is a lot more I can say, and I'm sure you have a lot of questions, but the best thing to do is just jump in!

M. The U.T.C. Schedule and Daily Prayer Calendar are two tools that will allow you to see much fruit, especially as you teach them to others.

VI. Follow-up exercises

- A. Continue having Uninterrupted Time with Christ
- B. Begin using your Daily Prayer Calendar
- C. Seek an accountability partner to help you be consistent with the calendar
- D. Teach the calendar to someone else
- E. Encourage them to get accountability and teaching someone else