

Garden City Disciple Making Training  
Week 1: Intro and U.T.C  
For YouTube.

I. INTRO

- A. What we are doing is a kingdom risk because it's completely different than anything most of us have ever experienced.
- B. On the other hand, it's never a risk to follow the Spirit and obey God.
- C. Let's start by walking through the welcome letter in the binders that were provided.

II. WELCOME LETTER

We are honored and privileged to partner with you as we seek to answer the call of the Great Commandment (Mark 12:29-31) and the Great Commission (Matthew 28:18-20). We believe that as a follower of Jesus, you are God's special workmanship who was created to do good works for His glory. As such, we have come together as a leadership team and dedicated the 3rd and 4th Sunday of the month to teach you practical tools that will empower you to do so.

Along with tools that will help you develop *daily expressions* of the Great Commandment and Great Commission, we will teach you the principles and six pillars of The Mountain Call Disciple Making Model:

- Pillar 1: Know Christ
- Pillar 2: Identity in Christ
- Pillar 3: Obey Christ
- Pillar 4: Be with Christ
- Pillar 5: Go for Christ
- Pillar 6: Authority in Christ

This is not another "class" or "church program" that is just for your personal growth. This model is designed for you to *reproduce outside of these gatherings*. Although we are doing this in a large group setting, it is best done 1-on-1 or with a small group of people, so we have tried to put together the most personal experience possible. Make sure to bring your binder (or a notebook) and your Bible every week to get the most out of it.

As we walk through this together, we invite you to regularly do three things:

- Pray for courage and boldness
- Renounce fear and doubt
- Remember Christ loves you and is with you

You were made to love and be loved by God, love and be loved by people, and to make and multiply disciples. It is our joy to equip you to live that out.

-Garden City Church

### III. GREAT COMMANDMENT AND GREAT COMMISSION

- A. Although many people are familiar with the two opening phrases—Great Commandment and the Great Commission—not everyone is.
- B. According to one study, more than half of people who go to church say they don't know what the phrase Great Commission means, and only 17% of people know what passage it generally refers to.
- C. We can't take anything on this journey for granted.
- D. If you are not yet a follower of Jesus, you might not be familiar with either of those terms, and that's ok.
- E. What is important for you to know in context of this training is that God has a much bigger plan for your life than even you are aware of.
- F. These types of gatherings are signs that when you decide to follow Jesus, you will not have to figure things out on your own, but there are people who will be deeply invested in helping you grow closer to God and walking out his plan for your life.
- G. We will unpack the Great Commandment and the Great Commission in detail, but very simply, the Great Commandment is what Jesus says is the most important commandment for us to obey and it actually has two parts to it.
- H. The Great Commission is Jesus' call to share the gospel, and teach people how to obey everything that He commanded, including for the call for them to share the gospel, and teach others to obey every that Jesus commanded, and on to the next person and the next person, until the whole world from our neighbors and the nations praise the beauty and worth of Jesus and experience the love that Jesus died and rose for them to have.
- I. The Great Commandment:  
  
Jesus answered, "The most important is, 'Hear, O Israel: The Lord our God, the Lord is one. And you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' The second is this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these." -*Mark 12:29-31*
- J. The Great Commission:

And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.” -*Matthew 28:18-20*

#### IV. MADE FOR GOOD WORKS

A. Over the next year we are going to talk a lot about making disciples and all the things that go along with it, so right off the bat it's important to make clear that your salvation and God's love for you is not dependent on what you do.

B. Ephesians 2:8-10 says:

For by grace you have been saved, through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

C. Not only is your salvation and God's love for you not dependent on what you do, your place in the family of God and this community is not dependent on what you do.

D. Your identity in Christ is not dependent on what you do—you are God's workmanship, period.

E. Knowing and believing this will help you do things from a pure heart and genuine freedom, without any pressure to perform.

F. With that said, turn your attention to verse 10. It says you were created to do good works.

G. Our salvation and identity are not dependent on what we do, but our roles and rewards in eternity certainly are.

H. Jesus says in Revelation 22:12:

“And behold, I am coming quickly, and My reward is with Me, to give to every one according to his work.”

#### V. THE ROLE OF LEADERS

A. Our roles and rewards in the New Heaven and New Earth will be based on how we respond to the Great Commandment and the Great Commission, and it is our responsibility as leaders to equip you to respond effectively and respond well.

B. Ephesians 4:11 says:

“God gave the apostles, the prophets, the evangelists, the shepherds and teachers to equip the saints for the work of ministry, for building up the body of Christ”

- C. If we are going to equip you to respond effectively and respond well, to partner with Christ to build and expand the kingdom of God, and to fulfill the prophetic word of taking new territory, including old territory and ground that has been lost, we need to put tools in your hands!
- D. Most people don't seem to lack information, what they lack is the understanding of how to apply what they know and tools to help them do it.
- E. Nehemiah 4:15-18 is one passage that shows the importance of having tools. In this passage, Nehemiah has led a team of people to help rebuild the walls of Jerusalem. During the process, many people were rising up to stop the work.

When our enemies heard that it was known to us and that God had frustrated their plan, we all returned to the wall, each to his work. From that day on, half of my men did the work, while the other half were equipped with spears, shields, bows and armor. The officers posted themselves behind all the people of Judah who were building the wall. Those who carried materials did their work with one hand and held a weapon in the other, and each of the builders wore his sword at his side as he worked. But the man who sounded the trumpet stayed with me. -Nehemiah 4:15-18 NIV

- F. We learn from this that in order to build, especially in the midst of opposition, it requires putting weapons and tools into peoples hands.
- G. If you take a hold of the tools we will give you, you will experience victory and you will see fruit.

## VI. THE MOUNTAIN CALL MODEL

- A. The tools we are going to teach you come from The Mountain Call Disciple Making Model, which is based on Mark 3:13-15.
- B. When it comes to disciple making, there are several passages that are helpful, but Mark 3:13-15 is the most clear and concise outline of how Jesus' called and equipped his disciples. It says:

And he went up on the mountain and called to him those whom he desired, and they came to him. And he appointed twelve (whom he also named apostles) so that they might be with him and he might send them out to preach and have authority to cast out demons. -Mark 3:13-15

- C. When we look at this passage, we have to keep a few things in mind:
  - 1. In the Old Testament, very significant things take place on a mountain.
  - 2. The ark that saved God's people landed on a mountain.
  - 3. Abraham was called to sacrifice Isaac on a mountain.
  - 4. The Ten Commandments were given on "the mountain of God."
  - 5. Jerusalem and the temple were established on a mountain, and
  - 6. God answered Elijah with fire on a mountain.
- D. Jesus parallels this theme in his own life and ministry.
  - 1. He overcame the temptations of Satan on a mountain.
  - 2. He gave his foundational and final messages on a mountain.
  - 3. He was transfigured on a mountain.
  - 4. He ascended to heaven from a mountain, and when he sets up his eternal kingdom, he will reign forever from a mountain.
- E. In verse 13, Mark uses the Biblical significance of mountains to capture our attention. He tells us that Jesus went up on a mountain as if to say, "pay close attention, something major is about to happen,".
- F. That's where the name Mountain Call comes—the opening phrase "He went up on the mountain and called".
- G. The name is designed to reflect that the call Jesus gave on that mountain, that we still have the opportunity and responsibility to respond to, is the mountain top experience of the Church..
- H. Let's unpack the verse:

1. Jesus first calls his disciples himself. In other words, His first priority was that they would know Him. From there we get Pillar 1—Know Christ.
  2. Second, He communicated his desire for them, which speaks to their identity and Pillar 2, Identity in Christ
  3. Third, those he called obediently responded and came to him. It highlights the difference between those who did and didn't come to Jesus. From there we get Pillar 3, Obey Christ.
  4. Fourth, He taught them to be with him. Pillar 4, Be with Christ.
  5. Fifth, He sent them to go preach the gospel. Pillar 5, Go for Christ.
  6. Sixth, He gave them authority. Pillar 6, Authority in Christ.
- I. These six pillars, along with a few other foundational tools make up the Disciple-Making model.

## VII. THE PURPOSE OF THE MODEL

- A. Notice the model is not called a discipleship model, but rather a disciple-making model. In one sense it doesn't matter what you call it, but in another sense it does because the name is designed to communicate something.
- B. Traditional discipleship and discipleship-models are usually geared toward a person's individual spiritual development and understanding of scripture. Although that is a good thing, there often lacks an emphasis on equipping people to make and multiply disciples themselves.
- C. That's why we say in the letter, This is not another "class" or "church program" that is simply about your own personal growth. This model is designed for you to reproduce outside of these gatherings.
- D. The main purpose is not only to empower people to be well-rounded and obedient followers of Jesus, but also so they can help others be one too.
- E. As we discuss the foundational tools and pillars, they will be presented as they would to an individual or small group.
- F. We've tried to make this as interactive as possible, including follow-up exercises similar to what people do in between the times they meet.
- G. There will also be helpful pointers on what to do when you lead someone else through it.
- H. We'll start with the foundational tools, then go over the first pillar in February.

## VIII. U.T.C. Schedule

- A. As I mentioned before, when it comes to disciple making, everything we do flows out of the Great Commandment and the Great Commission.
- B. The first tool you'll learn will help you develop a daily expression of the Great Commandment, especially the call to love God with all of your mind. The tool is called a U.T.C. Schedule.
- C. U.T.C. stands for Undistracted Time with Christ and it helps you create and prioritize intentional undistracted time Jesus every day of the week.
- D. Start by writing at the top of your page UTC and underneath write Mark 12:30.
- E. The goal of having U.T.C. is simply to be with the Lord. It might involve Bible reading, singing, listening for His voice in silence, or a number of other things, but it should always involve prayer.
- F. There are unique situations and seasons, like when you are raising small children, that it is a fight just to get five minutes of alone time. In those times, God understands and is gracious.
- G. However, it's easy to get into the habit of having our prayer time overlap with things like household chores or driving. It is good to pray while we work or drive, much is lost by the literal double mind that is required to both pray and do things like pay attention to traffic.
- H. A U.T.C. schedule is most characterized by the phrase undistracted. It proactively sets times each day of the week for undistracted time with the Lord, with the goal of 60 total minutes per day.
- I. The reason 60 minutes is encouraged as a starting point is because we only have one statement from Jesus about how long we should spend time with Him
- J. In Matthew 26:40-41, Jesus says to Peter, "So, could you not watch with me for one hour? Watch and pray that you may not enter into temptation."
- K. If you don't have a solid one hour block to dedicate for this, you can create smaller blocks of time of that equal one hour.
- L. For example, one 20-minute block in the morning, one in the afternoon, and one before dinner, would give you an hour. Four fifteen minute blocks is another way to get in an hour.
- M. To create a U.T.C. schedule, divide a blank sheet of paper down the middle so you have two vertical columns and create seven rows.

- N. In the boxes on the right, list out the days of the week.
- O. In the boxes on the right, think through how you can schedule out a total of one hour a day to be with the Lord. Again, it could be four fifteen minute windows, or it might be one solid hour.
- P. Every day might have a different schedule, but the total time should always be one hour.
- Q. For many of you, it will likely be a challenge to develop consistency, at first. That is ok. Your willingness to prioritize undistracted time with God is valuable to him. Offer this as a sacrifice of love to him, and he will respond by meeting with you during this time.