

# Dealing With Demons 101

## 1. Recognize that demonic influence is a lot more common than many in the modern world realize (or want to believe).

- I would estimate that up to 80% of the major miracles of healing that I have seen involved some measure of deliverance. Also, most of the believers that I personally know, who consistently walk free from habitual sin and live an emotionally, mentally and spiritually balanced life, believe in and have been through some level of deliverance.

(Yes even believers in Jesus can be greatly influenced by demons if certain doors are left opened. I teach on this at length in other classes).

“For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.”

Ephesians [6:12](#) NKJV

## 2. In most cases demons must be directly confronted and commanded to leave in Jesus name!

It is possible in some cases that God will perform a sovereign act of deliverance and that demons will leave without being directly commanded to, (see Acts [5: 14-16](#) and Acts [19:11-12](#) and 1st Samuel [16:24](#)) however in most cases demons must be directly confronted and commanded to leave in the name of Jesus.

“But Jesus rebuked him, saying, “Be quiet, and come out of him!” And when the unclean spirit had convulsed him and cried out with a loud voice, he came out of him.”

Mark 1:25-26 NKJV

“For Jesus had been saying to him, “Come out of the man, you unclean spirit!””

Mark 5:8 AMP

“When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it: “Deaf and dumb spirit, I command you, come out of him and enter him no more!” Then the spirit cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, “He is dead.” But Jesus took him by the hand and lifted him up, and he arose.”

Mark 9:25-27 NKJV

- It is commonly believed that in an atmosphere of the manifest presence of God that demons will automatically leave however Satan and his demons did not voluntarily leave heaven but had to be forcefully driven out! ( see Revelation 12:7-12).

### **3. Demons enter the lives of human beings through:**

- SIN - repeated habitual sin or severe occult and or sexual sin.
- BELIEVING LIES - lies about Gods word, Gods character and lies about ourselves.

- UNRESOLVED EMOTIONAL TRAUMA - demons prey on weakness. They are drawn to emotional pain much like sharks are drawn to Blood in the water.

#### **4. Forgiveness and Repentance**

- It is helpful to have the person receiving deliverance to verbally forgive those who have hurt them and verbally repent of any sins that may have opened the door to demonic influence in their life. This is not 100% necessary in every case but it helps to weaken the demons hold so that they leave more readily when the command is given. Also after deliverance if the person who was set free does not change certain negative life patterns it is possible for the demons to re-enter the persons life and in some cases cause more damage later on (see John 5:14 and Matthew 12:43-45).

#### **5. It is common as demons leave for there to be some type of physical manifestation.**

“And when the unclean spirit had convulsed him and cried out with a loud voice, he came out of him.”

Mark [1:26](#) NKJV

“And He asked him, What is your name? He replied, My name is Legion, for we are many.”

Mark 5:9 AMPC

“Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth.”

Mark [9:20](#) NKJV

“Then Philip went down to the city of Samaria and preached Christ to them. And the multitudes with one accord heeded the things spoken by Philip, hearing and seeing the miracles which he did. For unclean spirits, crying with a loud voice, came out of many who were possessed; and many who were paralyzed and lame were healed. And there was great joy in that city.”

Acts 8:5-8 NKJV

- Manifestations could include but are not limited to:
- Displays of extreme emotion. Uncontrollable weeping, anger fear etc.
- Screaming
- Coughing
- Vomiting
- Foaming at the mouth
- Shaking or convulsions
- Demons speaking through the vocal cords of the person being delivered.
- Acts of violence or aggression towards those ministering to the person being delivered.
- Acts of violence or aggression towards the person being set free.
- Sweating

- Falling to the ground and becoming unconscious.
- These are some of the more common manifestations encountered in deliverance. In severe cases of demonization more extreme things may happen.
- Deliverance can and sometimes does happen with no outward manifestation at all!

When a manifestation occurs learn to discern if the manifestation is the demon displaying its presence and trying to cause fear or harm (in this case command the manifestation to stop in Jesus name and the demons will obey you) or if the manifestation is a sign of the demon leaving or what I refer to as a manifestation of exit! In this case press in and continue repeating the commands for the demon to leave!

**(NOTE:** if the demons began speaking through the person being delivered it is often best to command them to stop speaking and come out. There are cases where it could be helpful to ask the demon it's name and a few other questions that pertain to the persons deliverance. In another class I cover when that would be appropriate and how to safely do that, however in most cases I believe the deliverance process will go more smoothly if you forbid the demons to speak.)

## **6. Demons often work in groups. Where you find one demon you are likely to find many more.**

“Then He asked him, “What is your name?” And he answered, saying, “My name is Legion; for we are many.””

Mark 5:9 NKJV

“and certain women who had been healed of evil spirits and infirmities—Mary called Magdalene, out of whom had come seven demons,”

Luke 8:2 NKJV

- I have found that often a person who is heavily demonized will require multiple deliverance sessions to be completely set free.

**7. Demons have names and vary in strength. Most of the time demons will be named after the problem that they cause.**

A. Demons that amplify negative human emotions and take them to an ungodly extreme will be named:

- Fear
- Anger
- Shame etc

B. Demons that tempt people to particular sins or keep people bound in habitual sin will be named:

- Lust
- Witchcraft
- Rebellion
- Addiction etc

C. Demons that cause physical infirmity will be named:

- Blindness
- Deafness
- Arthritis
- Cancer
- Pain etc

D. Higher level demons have more personal sounding names.

- Beelzebub (see Matthew 12:24-27)
- Legion (see Mark 5:9)
- Jezebel (see Revelation 2:20) etc

## **8. Every believer has the right and responsibility to cast out demons in the name of Jesus.**

“And He said to them, “Go into all the world and preach the gospel to every creature. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover.””

Mark [16:15-18](#) NKJV

“And as you go, preach, saying, ‘The kingdom of heaven is at hand.’ Heal the sick, cleanse the lepers, raise the dead, cast out demons. Freely you have received, freely give.”

Matthew 10:7-8 NKJV

“Then He called His twelve disciples together and gave them power and authority over all demons, and to cure diseases. He sent them to preach the kingdom of God and to heal the sick.”

Luke 9:1-2 NKJV

“Then the seventy returned with joy, saying, “Lord, even the demons are subject to us in Your name.” And He said to them, “I saw Satan fall like lightning from heaven. Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you. Nevertheless do not rejoice in this, that the spirits are subject to

you, but rather rejoice because your names are written in heaven.””

Luke [10:17-20](#) NKJV

- However if you encounter a situation where you feel unsure of what to do. You can always stop the deliverance and reach out to someone with more experience to complete the deliverance at another time.
  - If the demon is manifesting and you wish to end the deliverance session. Simply address the demons saying something like this. In Jesus name you must submit, go down (you may need to repeat this two or three times).
  - Then address the person by name and tell them to take control of their mind and body.
  - No ground is lost in the deliverance process by doing this.
  - Simply pray a prayer of protection and blessing.
  - Then set up another time to Minister to the individual.
- 9. Encourage the person you are ministering to give God thanks for their freedom! Encourage them to testify to others of what Jesus has done for them (see Mark [5:19-20](#)).**
- 10. Encourage the person to make positive life changes that will aide in walking out their freedom, ( as well as continuing any positive habits they may have already formed).**



- This could include living a disciplined life and leaving behind sinful habits and actions (fornication, adultery pornography, drug and alcohol abuse and anything to do with the occult) it's best to have the person destroy any occult or drug paraphernalia that may be in their possession after deliverance (see Acts [19:19](#)).
- Encourage the person to seek counseling, therapy and inner healing to resolve areas of emotional pain.
- Encourage them to regularly attend a Bible believing church (see Hebrews 10:25).
- Encourage them that some relationships may not be healthy and helpful for the new life of freedom that they want to walk out.

“Do not be deceived: “Evil company corrupts good habits.””  
I Corinthians [15:33](#) NKJV

## **HOW JESUS DEALT WITH DEMONIC SPIRITS.**

- He spoke directly to the demon. (Mark 1:25)
- He identified the demon. (Mark 9:25)
- He made the demon identify itself. (Mark 5:9)
- He made a clear distinction that not all demons are the same. (Mathew 24:30)